September, 2023 Breakfast, Lunch & Supper

1st
NO SCHOOL

4th
NO SCHOOL

5th
NO SCHOOL

6th
MINI WAFFLES W/ SYRUP
HOMESTYLE PIZZA
LETTUCE SALAD
MIXED VEGETABLES
PEACHES
BBQ RIB SANDWICH
SWEET POTATO TOTS
STEAMED BROCCOLI
GRAPES

7th
BREAKFAST BURRITO W/ SALSA
BEEF TACO SALAD
REFRIED BEANS
FROZEN FRUIT CUP
CHURRO
GENERAL TSO CHICKEN
VEGETABLE EGG ROLL
GARDEN PEAS
MANDARIN ORANGES
8th

BREAKFAST SANDWICH

CRISPY CHICKEN ON BUN
FRENCH FRIES
BROCCOLI SALAD
FRUIT COCKTAIL

11th

BAGELS W/ CREAM CHEESE

FIESTADA PIZZA
LETTUCE SALAD
MIXED VEGETABLES
ORANGE SLICES

SHEPHERD’S PIE
ROLL
VEGETABLE BLEND
CHERRY COBBLER

12th

SAUSAGE & GRAVY PIZZA

CHICKEN ALFREDO PASTA
GARLIC BREAD
STEAMED CAULIFLOWER & BROCCOLI
TROPICAL FRUIT SALAD

13th

FRUDEL

BBQ RIB SANDWICH
SWEET POTATO TOTS
CAPRI VEGETABLES
APPLESAUCE

SHRIMP POPPERS
FRIED RICE
ORIENTAL VEGETABLES
ROSY APPLESAUCE
14TH

PANCAKES W/ SYRUP
MEATBALLS IN BEEF GRAVY
ROLL
CHEESY MASHED POTATOES
CORN
BANANA

GRILLED CHICKEN SANDWICH
FRENCH FRIES
FRUIT COCKTAIL

15TH

BREAKFAST SANDWICH

BREADED COD WEDGE
MACARONI & CHEESE
GARDEN PEAS
MANDARIN ORANGES

18TH

DONUT/OATMEAL

CHICKEN QUESADILLA
REFRIED BEANS
CORN
APPLE SLICES

MEATBALL SUB
SLICED CUCUMBERS & CARROTS W/ RANCH
POPSICLE

19TH

EGG & POTATO BOAT

CHILI CHEESE FRITOS
CINNAMON ROLL
ROASTED CAULIFLOWER
GRAPES

BUFFALO CHICKEN TOT BAKE
MIXED VEGETABLES
STRAWBERRIES
20\textsuperscript{TH}

CINNAMON ROLL

POPCORN CHICKEN BOWL
OVER MASHED POTATOES
GARDEN PEAS & CARROTS
FRUIT COCKTAIL

SLOPPY JOE ON BUN
WAFFLE FRIES
STEAMED CARROTS
FRUIT COCKTAIL

21\textsuperscript{ST}

BACON SCRAMBLE PIZZA

TURKEY TETRAZZINI
BREADSTICK
GARDEN PEAS
PEARS

BLACK PEPPER GARLIC BEEF RICE BOWL
STEAMED BROCCOLI
MANDARIN ORANGES

22\textsuperscript{ND}

BREAKFAST SANDWICH

BEEF HOT DOG ON BUN
FRENCH FRIES
CREAMY COLESLAW
PEACHES

25\textsuperscript{TH}

MINI WAFFLES W/ SYRUP

CHEESEBURGER ON BUN
WAFFLE FRIES
MIXED VEGETABLES
PEACHES

SWEET & SOUR CHICKEN
VEGETABLE FRIED RICE
EGG ROLL
MIXED FRUIT SALAD
26<sup>TH</sup>

BREAKFAST BURRITO W/ SALSA

PEPPERONI PIZZA
STEAMED BROCCOLI
GLAZED CARROTS
PEARS

MEATLOAF DINNER W/ ROLL
MACARONI & CHEESE
GARDEN PEAS
FRUIT COCKTAIL
POPSICLE

27<sup>TH</sup>

BAGELS W/ CREAM CHEESE

CHICKEN FRIED CHICKEN
ROLL
MASHED POTATOES W/ GRAVY
GARDEN PEAS & CARROTS
STRAWBERRIES

28<sup>TH</sup>

SAUSAGE & GRAVY PIZZA

SPAGHETTI & MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLE BLEND
MELON

LOADED BAKED POTATO W/ HAM, BACON, CHEESE, SOUR CREAM,
BROCCOLI, BLACK BEANS, SALSA
APPLE CRIPS W/ ICE CREAM

29<sup>TH</sup>

BREAKFAST SANDWICH

SHREDDED PORK ON BUN
BAKED BEANS
ROASTED CAULIFLOWER
FROZEN FRUIT CUP