



# Alabama State Department of Education Child Nutrition Program



## Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

### Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

### Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

### Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

### Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

# Local Wellness Policy: Triennial Assessment Summary

## General Information

LEA: Coffee County Board of Education

Month and year of current assessment: May 2024

Date of last Local Wellness Policy revision: June 2021 following Triennial Assessment/July 2022 with new POS information/ May 2024 with updated USDA Discrimination Statement

The School Wellness Policy in Board Manual not revised, only the Local Wellness Policy created by the Child Nutrition Program

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: [www.coffeecountyschools.org/childnutrition](http://www.coffeecountyschools.org/childnutrition)

## Wellness Committee Information

How often does your district wellness committee meet? Annually

### District Wellness Coordinator

Name	School	Job Title	Email Address
Betsy Wood	Central Office	CNP Director	woodb@coffeecounty.k12.al.us

### Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Betsy Wood	Central Office	CNP Director	woodb@coffeecounty.k12.al.us

### District Wellness Committee Members

Name	School	Job Title	Email Address
Kathern Devine	Kinston	CNP Manager	devinek@coffeecounty.k12.al.us
Jennifer Mauldin	NBE	CNP Manager	mauldinj@coffeecounty.k12.al.us
Melanie Tindol	NBM/NBH	CNP Manager	tindolme@coffeecounty.k12.al.us
Tammy Marler	ZC	CNP Manager	marlert@coffeecounty.k12.al.us
Lougener Wyrosdick	Kinston	Counselor	wyrosdickl@coffeecounty.k12.al.us
Hope Bowers	NBE	Counselor	bowersh@coffeecounty.k12.al.us
D'Andra Tingey	ZC	Assistant Principal	tingeyd@coffeecounty.k12.al.us





## Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): \_\_\_\_\_

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

- Total comprehensive score of 84 and a total strength score of 51
  - Based on the WellSAT 3.0 *Using Your Score* webpage, the average comprehensive score was 54 and the average strength score was 33
  - Improvement noted in scores from 2021 WellSAT 3.0
- Score of 2 for most federal requirements
  - No regulation for food and beverages served at class parties and other school celebrations
    - Schools are given the discretion to prohibit any specific items
    - References are given for guidance, if desired



## Section 2. Progress towards Goals

**\*NOTE: Required components are listed in blue.**

<p><b>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</b></p>	<p><b>Describe progress and next steps:</b></p>
<p><b>To be compliant with the USDA final rule and ALSDE:</b></p> <ul style="list-style-type: none"> <li>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs</li> <li>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.</li> <li>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.</li> </ul>	<p>Menus and meals are compliant with NSBP and NSLP meal patterns and nutrient analysis requirements</p> <p>Non-Program food and beverages should not be sold within the timeframe of one hour before and after school meals</p> <p>Compliant with guidelines for reimbursable school meals</p> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Ensure meals remain in compliance</li> <li>2. Ensure non-program food and beverages are not sold within the timeframe of school meals</li> </ol>
<p><b>Access to free potable water on campus</b></p>	<p><b>Describe progress and next steps:</b></p>
<p><b>To be compliant with the USDA final rule:</b> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p><b>List how access to potable water is made available in schools.</b></p>	<p>Unflavored drinking water is available in all cafeterias</p> <ul style="list-style-type: none"> <li>• Bottle fillers</li> <li>• Water/Ice machines</li> </ul> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Ensure all bottle fillers and water/ice machines are in good, working order</li> </ol>



## Section 2. Progress towards Goals continued

**\*NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p><b>To be compliant with ALSDE:</b> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guide and Implementation.</p>	<p>Non-Program food and beverages should not be sold within the timeframe of one hour before and after school meals. Non-Program food and beverage compliance is reviewed during On-Site School Reviews</p> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Ensure non-program food and beverages are not sold one hour before or after school meals</li> <li>2. USDA Smart Snacks in School and Exempt Fundraisers forms are completed twice a year by principals</li> </ol>

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p><b>If applicable, list additional school goals below:</b></p>	<p>Food and beverages sold on campus should meet smart snack standards.</p> <p>Menus are announced daily, posted on the district's website and available to view at the schools</p> <p>Food and beverages brought into the lunchroom from an outside source should not bear any kind of advertising</p> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Ensure items sold meet smart snack standards</li> <li>2. Monitor school stores for smart snack compliance</li> <li>3. Monitor dining areas during meal times for outside food advertisement</li> </ol>



## Section 2. Progress towards Goals continued

\*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b>                      The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p><b>List physical activity opportunities that are offered at schools:</b></p> <p>Football, basketball, baseball, softball, track, soccer, cheerleading, band</p>	<p>Physical activity opportunities offered daily for K-10 in PE</p> <p>Extracurricular activities are encouraged and different sports are offered at schools in addition to PE</p> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Ensure physical activity opportunities are offered daily to <u>all</u> students</li> </ol>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b>                      The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p><b>List how nutrition promotion and nutrition education are provided in schools:</b></p> <p>Menus, announcements, class activities, extracurricular activities</p>	<p>Schools encourage participation in school meal programs that promote healthy choices</p> <p>Schools and meal programs follow smart snack guidelines</p> <p>Signage for healthy eating are posted in lunchrooms</p> <p>Health Education and AG classes offered at some schools</p> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Ensure meals follow USDA guidelines</li> <li>2. Provide resources, as needed, to promote nutrition in the classroom and gymnasium</li> </ol>

Section 2. Progress towards Goals continued

\*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b>                      The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p><b>List other school-based activities that are offered by the district:</b></p> <p>Teen Cuisine, AG classes, Health classes, 4H Programs, field day</p>	<p>Schools integrate wellness activities across the school setting</p> <ul style="list-style-type: none"> <li>• NSBP, NSLP and After School Program offer food and beverages that meet USDA requirements for healthy meals and snacks</li> <li>• Schools participate in <i>Teen Cuisine</i>, farm visits, community gardens and other gardening projects to encourage healthy eating</li> <li>• Counseling, family engagement and community involvement</li> </ul> <p>Next steps:</p> <ol style="list-style-type: none"> <li>1. Continue current wellness activities and provide additional activities as needed</li> </ol>



**CHECKLIST:**

Triennial Assessment was made public:

Date: 6/3/2024

Updated Wellness Policy received Board approval: (if applicable)

Date: N/A

Wellness Policy was made public:

Date: 4/21/2021 on district website

- Policy updated on website when changes are made

**SIGNATURES:**

Betsy Wood

District Wellness Assessment Leader

PRINT NAME: Betsy Wood  
DATE: 5/24/2024

Betsy Wood

District Wellness Coordinator

PRINT NAME: Betsy Wood  
DATE: 5/24/2024

Kelly Cobb  
Superintendent

PRINT NAME: Kelly Cobb  
DATE: June 13, 2024

