



Sherman Drums

The use of drums in music spans centuries on different continents and in different cultures. Native Americans have used drums as part of ceremonies for thousands of years. The types of Native American drums vary among tribes with the most common being large POW-WOW drums used in drum circles (Fig. 1) to the smaller hand-held drums. Some Northeastern Indian Tribes used drums filled with water to give their drums a unique sound. Native Americans use drums during festivals and ceremonies to obtain a spiritual connection. When beaten drums allow tribal members to obtain the attention of the Creator and spirits of forefathers. Drums are often very personal to their owners who often associate their drums and songs with important periods in their lives. Click on the links below to enjoy our students singing songs with their hand drums.

Click [HERE](#) to hear Ms. Sherman 1992/93 Mya Begay sing the song "Walking in Beauty" composed by Jay Begaye.

Click [HERE](#) to see Sherman's White Rose Singers under the direction of Josie Montes perform at California State University, Long Beach in 2012.



Figure 1. Above: Sioux Circle Drummers at the Standing Rock Fair, South/North Dakota, 1939

Proverbs

One rain does not make a crop - Creole

We will be known forever by the tracks that we leave - Dakota

It is less of a problem to be poor than to be dishonest - Anishinabe

From The Editor

When parents and schools form a strong partnership students benefit academically and socially. This year Sherman Principal Delbert Ortiz has been strengthening school and parent relationships through his online meetings with parents. Every second Thursday of the month he meets with Sherman parents in a Zoom meeting called "Coffee with the Principal". During the meetings parents are able to talk to Principal Ortiz, find answers to questions, and learn more about Sherman Indian High School. The zoom meeting invitation link is sent out to the parents prior to each meeting. Parents that have not been invited to these meetings are encouraged to send their personal emails to Larry Camacho (larry.camacho@bie.edu) in order to receive an invitation to the next meeting on February 9. Click [HERE](#) to hear our principal discuss Sherman's 2023 goals and activities.

In other news Sherman Indian High School 38th Annual POW-WOW will be held Saturday, April 15, 2023. Admission is free. The POW-WOW coordinator Debbie Monroe can be reached at (951) 276-6325 Ext. 140. For vendor information contact Gayle Johnson at (951) 276-6325 Ext. 365. Proceeds from our POW-WOW are used for senior student scholarships.





Figure 2. Lower Right: Principal Delbert Ortiz and Social Science teacher Larry Camacho present Honor Role Certificates. Other Photos: Academic Honor Role students. Photographs by Brandon Cryder.

Winter Academic Honor Roll

On January 27, 2023 a school assembly was held in our auditorium to recognize 92 students that achieved placement on the winter Academic Honor Rolls. Students were invited on stage and presented certificates (Fig. 2). The three honor rolls were: GPA 4.0 and above; GPA 3.50 – 3.99; and GPA 3.00 – 3.49 (Fig. 2). We congratulate our honor roll students and encourage all to keep up their school work.



Figure 3. Above: Ms. McMorriss's students practice CPR.

Career Pathways

Job opportunities in the healthcare sector are booming these days due to the growing number of Americans entering their senior years. According to projections by the Bureau of Labor Statistics healthcare jobs are expected to grow 13% from 2021 to 2031; this is a faster growth rate than for all other occupations. One of Sherman's seven Career Pathway programs is health. This program is coordinated by instructor Amanda McMorriss. Ms. McMorriss has a Master's Degree in Public Health and has worked in Indian Education for over nine years. Click [HERE](#) to watch Ms. McMorriss's Introduction to Health Careers class (Fig. 3) begin their CPR (cardiopulmonary resuscitation) training.

Spotlight on ITC President, Ava Chavez

The Inter-Tribal Council (ITC) is Sherman's student government. This council discusses schoolwide problems and makes recommendations and helps to implement activities for the benefit of our students and school. Each year the ITC elects new student officers. The council is supported by Sherman Staff that serve as advisors/sponsors. ITC students and sponsors meet periodically during the year to discuss business. This year's ITC president is senior Ava Chavez. Ava also served as ITC president last school year. Ava is a Yokut from the Tule River Tribe in Tulare County, California. Recently she was accepted to the Institute of American Indian Arts College in Santa Fe, New Mexico. At this college she hopes to advance her knowledge on indigenous arts and culture. Ava enjoys reading and drawing during her free time. Click [HERE](#) to hear Ava discuss ITC and her personal growth while attending our school.



Figure 4. Above: Special linoleum print of Apache Crown Dancers. Top Right: The classroom of Fine Arts teacher Monica Royalty. Bottom Right: Linoleum print by Sherman and UCLA graduate Gladis Dakom.

Sherman Fine Arts Department

Teachers Monica Royalty and Cindy Beeshligaii make up Sherman's Fine Arts Department (Fig.4). Over the years Sherman art students have received numerous art awards at various student art competitions. One of the areas that our students have excelled at is linoleum print making. Our students are renowned for their linoleum print awards they have received at the annual Native American student art competition in Phoenix Arizona (Heard Museum). The linoleum print making technique starts with the artist creating a physically cut design in the synthetic linoleum boards using special blades or chisels. This produces an image that appears raised on the surface. Ink is spread evenly onto the surface of the design and paper is laid onto the design. Pressure is applied to the top of the paper and the design is transferred onto the paper (Fig.4). Color can also be added during printing. Click [HERE](#) to watch art students Onix Walema and Dani Toro work on their linoleum projects and Ashley Roszelle draw in her sketchbook.



THE SHERMAN TIMES

is a digital publication that is linked to YouTube and provides information on Sherman Indian High School.
WEB: [Sherman YouTube Videos](#)
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MISSION STATEMENT

The Sherman Community empowers Native students through opportunities to find their purpose at school and in life.

MIND • BODY • EMOTION • SPIRIT

Educating Native American youth since 1903