

April 2024



3RD-12TH LUNCH
DAILY ALTERNATE OF ENTRÉE SALAD, SANDWICH OR WRAP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tacos Pinto Beans ½ c Rice ½ c Fruit	Dunkers Broccoli ½ c Baby Carrots ½ c Fruit	Breakfast Wedges ½ c Fruit	Pizza Corn ½ c Fruit	
Chicken Nuggets & Mac & Cheese Carrots ½ c Cucumber ½ c Fruit ALT: Cheeseburger	Nacho Bar Beans ½ c Fruit Alt: Chicken Nuggets Breadstick	Hot Dog Broccoli ¼ c Seasoned Corn Fruit Alt: Sloppy Joe	Pizza Pickles ½ c Baby Carrots ½ c Fruit Alt: Chefs Choice	
Cheeseburger FF ½ c Celery ½ c Fruit Alt: Sonoran Dog	Chicken Nuggets & Mac & Cheese Rice ½ c Cob Corn ½ c Fruit Alt: Chinese Bowl	Corn Dog 1 ea. Italian Veggies ½ c Fresh Broccoli ½ c Fruit Alt: Spaghetti Breadstick	Pizza 1 serving Carrots ½ c Fruit Alt: Chiefs Choice	
No School	Walking Taco's Rice ½ c Cheesy Beans ½ c Ranch Fruit Alt: Bean Burrito	Corn Dog Seasoned Peas ½ c Broccoli ½ c Fruit Alt: Chicken Burrito	Pizza Seasoned Carrots ½ c Fruit Alt: Chiefs Choice	
Chicken Bowl 1 serving Waffle Fries ½ c Cucumbers ½ c Fruit Alt: Rachels Fry's	Frito Pie Rice ½ c Celery ½ c Fruit Alt: Chicken Nuggets/ Breadstick			

NUTRITION BAR

Choose from a variety of fresh fruits or vegetables.
½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at faye.rodriquez@k12byelior.net or call 9283487217

BeWell Healthy Choice K-12 BY ELIOR

Vegetarian (Ovo-Lacto)

Local

Fresh Picks

This institution is an equal opportunity provider