

NOVEMBER 2022

Burns High School Lunch Menu

Lunch – \$3.00-paid & 0¢-reduced ☐ Extra milk- .45 or juice – 45¢ , water \$1.00

Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen

Menu is subject to change. Some items may contain nuts.

All meals served to students are Grab n' Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 Lunch <i>Sandwiches & Salads daily</i> Homemade Chili & Corn Bread Salad w/ Tomato & Olives Peaches & Blueberries, Milk	2 Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Seasoned Green Beans Salad w/ Peppers Pears, Milk	3 NO SCHOOL PARENT-TEACHER CONFERENCES
7 Lunch <i>Sandwiches & Salads daily</i> Corn Dogs French Fries Salad w/ Seasoned Dried Chick Peas Apples & Milk	8 Lunch <i>Sandwiches & Salads daily</i> Chicken Fajita's W/ Peppers & Onions Corn, Chips w/ Refried Beans Salad w/ Broccoli Mandarin Oranges & Milk	9 Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Veggie Fried Rice Egg Roll, Salad Fruit and Milk	10 Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara Spinach Salad w/Hard Boiled Egg Peaches , Milk
14 Lunch <i>Sandwiches & Salads daily</i> Homemade Chicken Noodle Soup w/ Toasted Cheese Sand Salad w/ Cauliflower Grapes, Milk	15 Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito Corn Chips w/ Salsa Sweet Corn Applesauce & Milk	16 Lunch <i>Sandwiches & Salads daily</i> Homemade Meat Lasagna w/ Tx Toast Green Beans Salad w/ Cucumber Oranges, Milk	17 Lunch BBQ Pork Rib Sand Cole Slaw Baked Beans Banana, Milk <u>Friday School</u>
21 Lunch <i>Sandwiches & Salads daily</i> Crispy Chicken Burger French Fries Lettuce, Tomato, Pickle Apple & Milk	22 Lunch <i>Sandwiches & Salads daily</i> Bean Burrito Rice Bowl Salad w/ Peppers Mandarin Oranges & Milk	23 NO SCHOOL	24 NO SCHOOL THANKSGIVING DAY
28 Lunch <i>Sandwiches & Salads daily</i> Alfredo Noodles & Tx Toast Green Beans Salad w/ Mushrooms & Olives, Pears, Milk	29 Lunch <i>Sandwiches & Salads daily</i> Italian Meat Sub w/ Cheese Salad w/ Broccoli Chips Fruit & Milk	30 Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand Lettuce, Tomato, Pickle Cole Slaw Fruit & Milk	18 <u>Friday school</u> <i>Sandwiches & Salads daily</i> Pizza Salad w/ veggies Fruit & Milk

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