



The board supports increased emphasis on nutrition as well as physical activity at all grade levels to enhance the well-being of our district's youth.



August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



16
Chicken nuggets
Tater tots
Apples
Milk

17
Mac and cheese
Green beans
Grapes
Hot roll
Milk

18
Bosco sticks
w/marinara
carrots w/ranch
luigi cup
milk

21
Spaghetti w/meatballs
Broccoli
Garlic sticks
Fruit salad
Milk

22
Beef and bean burritos
Ranch beans
Strawberries
Milk

23
Chicken sandwich
Salad
Grapes
Milk

24
Chicken alfredo
Green beans
Oranges
Garlic toast
Milk

25
Pizza
Corn
Pears
Milk

28
Lasagna
Garlic toast
Green beans
Cantaloupe
Milk

29
Nachos
Salad
Apples
Milk

30
Chicken legs
Carrots w/ranch
Cottage cheese
Luigi cups
Milk

31
Ham and cheese
sandwich
Chips
Baked beans
Puddin parfait
milk

