

NOVEMBER 2025

INGRAM TOM MOORE HIGH SCHOOL

BREAKFAST IN CLASSROOM
7:50am to 8:44am

Monday


WG Cereal Bar
w/Grahams
Apple
100% Orange Juice
Milk

3
Tuesday


WG Cereal Kit
w/Juice & Grahams
Craisins
Milk

4
Wednesday


WG Cinnamon Filled Bar
Fruit
100% Apple Juice
Milk

5
Thursday


WG Poptart
w/Goldfish Crackers
Fruit
100% Fruit Juice
Milk

6
Friday


WG Banana Bread
Fruit
100% Juice
Milk

7

WG Cereal Bar
w/Grahams
Apple
100% Orange Juice
Milk

10

WG Cereal Kit
w/Juice & Grahams
Craisins
Milk

11

WG Muffin
Fruit
100% Apple Juice
Milk

12

WG Mini Pancakes
Fruit
100% Fruit Juice
Milk

13

WG Donuts
Fruit
100% Fruit
Milk

14

WG Cereal Bar
w/Grahams
Apple
100% Orange Juice
Milk

17

WG Cereal Kit
w/Juice & Grahams
Craisins
Milk

18

WG Mini Cinnamon Rolls
Fruit
100% Apple Juice
Milk

19

WG Poptart
w/Goldfish Crackers
Fruit
100% Fruit Juice
Milk

20

WG Donuts
Fruit
100% Fruit
Milk

21

THANKSGIVING
HOLIDAY

24

THANKSGIVING
HOLIDAY

25

THANKSGIVING
HOLIDAY

26

THANKSGIVING
DAY

27

THANKSGIVING
HOLIDAY

28

Remember To Start Each Day With A Healthy Breakfast
Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Asst Fruits Offered Daily
*ALL MENUS ARE SUBJECT TO CHANGE
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER