

LINCOLN HEIGHTS MIDDLE SCHOOL

NOVEMBER 2024 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>** All meals are served with fresh fruit, juice, and milk.</p>				<p>1 <u>BREAKFAST</u> Sausage Biscuit, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Pizza 2nd- Cheesy Breadsticks 3rd- Baked Potato Bar 4th- PBJ Bags Green Beans Corn</p>
<p>4 <u>BREAKFAST</u> Chicken Biscuit, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Ham & Cheese Sandwich 2nd- Turkey & Cheese Sandwich 3rd- Baked Potato Bar 4th- PBJ Bags Broccoli & Cheese Soup Goldfish Crackers</p>	<p>5</p> <p>NO SCHOOL</p> <p>ELECTION DAY</p>	<p>6 <u>BREAKFAST</u> Dutch Waffle, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Beef Taco Nachos 2nd- Bean & Cheese Burrito 3rd- Baked Potato Bar 4th- PBJ Bags Queso Cheese Fiesta Black Beans Corn</p>	<p>7 <u>BREAKFAST</u> Toast & Jelly w/Bacon, Poptart, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Fried Chicken Breast 2nd- BBQ Pork 3rd- Pizza 4th- PBJ Bags Mashed Potatoes Green Beans Roll</p>	<p>8 <u>BREAKFAST</u> Sausage Biscuit, Poptart, Cereal, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Fish Sticks 2nd- Corndog Nuggets 3rd- Baked Potato Bar 4th- PBJ Bags Pinto Beans Mac & Cheese Hushpuppies</p>
<p>11 <u>BREAKFAST</u> Egg & Cheese Omelet, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Chicken Alfredo 2nd- Chicken Tenders 3rd- Baked Potato Bar 4th- PBJ Bags Sweet Carrots Broccoli & Garlic Toast</p>	<p>12 <u>BREAKFAST</u> Pancakes, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>BREAKFAST FOR LUNCH</u> 1st- Chicken Patty 2nd- Sausage 3rd- Pizza 4th- PBJ Bags Waffles Hashbrown Patty Baked Apples</p>	<p>13 <u>BREAKFAST</u> Breakfast Pizza, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Grilled Cheese 2nd- Cheese Bites 3rd- Baked Potato Bar 4th- PBJ Bags Homemade Chili Waffle Fries</p>	<p>14 <u>BREAKFAST</u> French Toast Sticks, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Hamburger 2nd- Hotdog w/chili 3rd- Pizza 4th- PBJ Bags Baked Beans Pickle Spears Chips</p>	<p>15 <u>BREAKFAST</u> Sausage Biscuit, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Pizza 2nd- Chicken Sandwich 3rd- Baked Potato Bar 4th- PBJ Bags Green Beans Corn Cookie</p>
<p>18 <u>BREAKFAST</u> Cinnamon Roll, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Sweet Teriyaki Meatballs 2nd- Popcorn Chicken 3rd- Baked Potato Bar 4th- PBJ Bags Broccoli Sweet Carrots Ramen Noodles</p>	<p>19 <u>BREAKFAST</u> French Toast Sticks, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Cheese Quesadilla 2nd- Cheesy Breadsticks 3rd- Pizza 4th- PBJ Bags Tortilla Soup Goldfish Crackers</p>	<p>20 <u>BREAKFAST</u> Toast & Jelly w/Bacon, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>THANKSGIVING</u></p> <p><u>LUNCH</u> 1st- Turkey 2nd- Ham Mashed Potatoes Green Beans Corn Rolls Dessert</p>	<p>21 <u>BREAKFAST</u> Breakfast Pizza, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Beef Taco Nachos 2nd- BBQ Pork Nachos Queso Cheese Refried Beans Corn</p>	<p>22 <u>BREAKFAST</u> Sausage Biscuit, Cereal, Poptart, Fruit, Juice, Milk</p> <p><u>LUNCH</u> 1st- Pizza 2nd- Chicken Tenders Whole Baby Potatoes Broccoli Chips</p>
<p>25</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>	<p>26</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>	<p>27</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>	<p>28</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>	<p>29</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>

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