



SEASIDE HIGH SCHOOL
SEASIDE MIDDLE SCHOOL

GROW, ACHIEVE, SUCCEED

JEFF ROBERTS, PRINCIPAL
JASON BOYD, ASSISTANT PRINCIPAL
WENDY CROZIER, ASSISTANT PRINCIPAL
BRANDON LARSON, ASSISTANT PRINCIPAL
AARON TANABE, ATHLETIC DIRECTOR

5-31-22

Dear Parents and Guardians,

It is with deep regret that we inform you about a recent loss to our school community. On Saturday, May 28th, Mr. Rieger, our secondary band director, died in a tragic car accident on Highway 26. This was Mr. Rieger's first year in Seaside, but he had already left a lasting impact on our students, staff, and community. This loss is sure to raise many emotions, concerns, and questions for our entire school, especially our students. In order to support our students as they cope with varying degrees of grief over these next few days and weeks, we have an abundance of resources that will be accessible.

Our school has a support team made up of professionals trained to help with the needs of students, parents, and school personnel during difficult times such as this. Counselors are available for students who need to process thoughts and feelings or who require any type of assistance surrounding this loss. We encourage you, as parents and guardians, to also feel free to access our resources.

We have enclosed resources that may be useful to you in helping your child at home. If you would like additional information or need assistance, please do not hesitate to contact our school counselors or the administrative team.

We are deeply saddened by this loss to our school community and will make every effort to help you and your student as needed.

Sincerely,

Jeff Roberts
Secondary School Principal

Grief Resources

- Seaside School Counselor Contact Information:

- [Travis Cave](#): HS Counselor - Seniors
- [Joanne Kallunki](#): HS Counselor - 10th and 11th Grade
- [Jane Forman](#): MS/HS Counselor - 8th and 9th Grade
- [Natalie Dyroff](#): MS Counselor - 6th and 7th Grade
- School Phone Number: 503-738-5586

- VIDEOS:

- [Grief Feels Like...](#)
- [What to Say \(and Not Say\) to Comfort Someone Who's Lost a Loved One](#)
- [5 Things About Grief No One Really Tells You](#)

- ARTICLES:

- [Developmental Responses to Grief](#)
- [10 Tips for Supporting Children Who Are Grieving](#)
- [Helping Children & Teens Cope with Fear After Death](#)
- [Tips for Supporting Teens Who Are Grieving](#)
- [Dismantling Three Grief Myths](#)

- LOCAL COUNSELING RESOURCES:

- [Shore Line Counseling, LLC](#)

Several of our therapists are trained in helping support people who have lost a significant person in their life. Through therapy your clinicians can help you process your feelings and get a better understanding of what your world is like now. Mark, Sarah and Carrie all have extensive experience in this area.

10 Pier One Suite 204 Astoria, OR 97103

Main number with menu- 971-350-3737

New referrals - 971-350-6474

- [Julia Weinberg PhD LPC](#)

For new and existing patients, please see recommendations on how to schedule an appointment with Dr. Weinberg online. As a counselor, she may specialize in Childhood Behavioral and Emotional Disorders and Guilt and Shame, in addition to [other conditions](#).

Seaside Wellness Center
2609 Hwy 101 Suite 203 Seaside, OR 97138
503-717-5284 (cell)

- [Children's Program](#)

The Children's Program is a team of experienced clinicians who provide diagnostic, therapeutic and educational services to children, adolescents, and families. Our [clinician directory](#) provides a brief biography and areas of interest for each of our clinicians

6443 SW Beaverton Hillsdale Hwy Suite 300
Portland, OR 97221

- [Camp Erin](#)

Camp Erin® is a bereavement camp designed for children and teens ages 6-17 who have experienced the death of someone close to them. It is a weekend-long experience filled with traditional, fun camp activities combined with grief education and emotional support, led by grief professionals and trained volunteers. Camp Erin provides a unique opportunity for peer bonding between children and teens facing a similar life circumstance and is offered free to all families.

6410 NE Halsey St., Suite 300
Portland, OR 97213
503-953-6745