

Classroom Tip:

Student overstimulated or testing limits on day 1 back?
Get close (respect space), whisper calmly:
"I know break was fun—no routines, late nights. It's hard jumping back in. That's okay. We're resetting together. What's one small win we can grab right now?"

Offer two quick choices: "Quick brain-break walk, or grab water and ease into the first task?"

Validates feelings. Restores control fast. Resistance melts. Connection rebuilds. Momentum returns.

Once your mindset changes, everything on the outside will change along with it.

Steve Maraboli

MINDSET RESET

January feels heavy, that's normal. You don't need to fix everything Day 1. Just be the calm, steady adult they need... starting with yourself. Connection over correction. One small win at a time. You've got this. They need YOU, not perfection. Reset. Recharge. Finish strong.

I AM FACING A CHALLENGE, I AM NOT FACING DEFEAT. REMEMBER THIS.

- Nikki Rowe

LEADERSHIP NUGGET

Your students mirror YOU most. Your tone in chaos. Your energy under pressure. Your belief in them.

Leadership = modeling the adult you want them to become.

Ask once today: "If they become like me in tough moments, would I be proud?" Adjust. One choice at a time.

You're shaping lives, starting with your own.

EXCUSE VS. STANDARD

Excuse: "The kids are wild today, it's post-break chaos. Nothing I can do."

Standard: "The kids are wild today, it's post-break chaos. Perfect chance to model calm and rebuild routines."

One mindset drains you. The other elevates everyone. Choose your standard.

WARRIOR SPOTLIGHT

BIG CONGRATULATIONS TO MRS. BRANDY LOWE ON STEPPING INTO THE PRINCIPAL ROLE AT PLEASANT HILL!

WE ALSO HONOR THE INCREDIBLE LEGACY OF MRS. BUCKNER, THE FOUNDATION OF PLEASANT HILL FOR SO MANY YEARS. HER LEADERSHIP BUILT A STRONG, CARING SCHOOL, AND SHE RETIRES KNOWING SHE'S PASSING THE TORCH TO OUTSTANDING HANDS.

MRS. LOWE HAS ALREADY PROVEN HERSELF AS AN EXCEPTIONAL ASSISTANT PRINCIPAL. I'VE PERSONALLY WITNESSED HER TAKE STUDENTS FROM FULL CHAOS TO CALM AND STABLE IN MOMENTS, PURE MASTERY UNDER PRESSURE.

AND LET'S TALK ABOUT THE AMAZING PLEASANT HILL STAFF; TRUE WARRIORS WHO SHOW UP EVERY DAY WITH QUIET STRENGTH, DEEP CARE, AND UNBREAKABLE CONSISTENCY. FROM THE FRONT OFFICE TO THE CLASSROOMS AND EVERYWHERE IN BETWEEN, THEIR CALM PRESENCE, POSITIVE ENERGY, AND GENUINE CONNECTIONS WITH KIDS CREATE A CULTURE YOU CAN FEEL THE MOMENT YOU WALK IN. THEY DON'T JUST MANAGE BEHAVIOR, THEY BUILD TRUST, RESTORE HOPE, AND CHANGE LIVES.

MRS. LOWE, WITH THIS REMARKABLE TEAM BEHIND YOU, PLEASANT HILL IS IN ELITE HANDS.

LEAD STRONG, YOU'VE GOT AN ARMY OF WARRIORS WITH YOU.