



Elementary School Menu

October 2026

Fresh fruit bowl offered daily
during Breakfast and Lunch.

GOOD NEWS!!

www.carrollcountyschools.com

NO CHARGE FOR STUDENT MEALS

Milk Choice is served
with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	Sept 28	Sept. 29	Sept. 30	Oct. 1	Oct. 2
Breakfast	Sausage Biscuit or Cereal kit / Fruit Cocktail or Juice	Chicken Biscuit, or 4oz yogurt, graham cracker and cheese stick, /Peach Cup or Juice	Pancakes w/ sausage or Cereal &cheese stick Applesauce Cup or Juice	Sausage Biscuit or Cereal w/Muffin / Pear halves or Juice	French toast sticks or Cereal Kit Fruit cocktail or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Chicken Sandwich or Crispy chicken Nuggets	Beef & Cheese Nachos or Corndog	Pork Riblet or Chicken Nuggets	Hot Dog or BBQ Sandwich	School Made PBJ sandwich or w/ Turkey stick or Turkey Cheese Club
Must Choose 1: Fruit or Vegetable	Green Beans / Candied Yams / Cherry Applesauce / Fruit Parfait	Tossed Salad / Whole Kernel Corn /Ranch Style Beans /Rosie Red Pear Halves / Juice Cup	Cornbread / Macaroni & Cheese Blackeye Peas / Glazed Apple Wedges / Pineapple Tidbits w/Kiwi Garnish	Cole Slaw / Deli Roasters / Fresh Strawberries w/Whipped Topping / Peach Slices	Baked Chips/ Dill Spear/ broc- coli and cauliflower w/ dip/ pineapple tidbits/ Dragon Punch/ Fresh fruit

Day	5	6	7	8	9
Breakfast	Blueberry Muffin w/ cereal or Yogurt w/ cereal Fresh fruit / Juice	Cheese Toast w/ cereal or Pancake on a Stick / Fruit / Juice	Mini Pancakes or Chicken biscuit Fruit /Juice	Mini Cinnis or Cereal w/ Yogurt Juice / Fresh fruit	Sausage Biscuit or Pop tart w/ Cheese stick Juice /Fresh fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Hickory Tots w/ Texas Toast OR Stuffed crust Pizza	Breaded Beef Steak w/ gravy or Chicken Tenders	Grilled Cheese Sandwich Or Turkey Club	Cheese Burger or Sloppy jo	Crispito w/ cheese sauce or Baked Spaghetti
Must Choose 1: Fruit or Vegetable	Buttered Corn, Romaine Salad, Applesauce w/Cherry garnish, Orange wedges.	Fresh Yeast Roll/ Mashed Potatoes/ Green beans/ Pear Halves/ fresh apple wedges	Broccoli and Cheddar soup Fresh Celery and Carrots w/ dip Jello w/ fruit / Wango Mango Juice	Oven baked fries/ Baked Beans/ Pineapple tidbits/ Black bean Brownie/ fresh fruit	Tossed salad/ glazed carrots / frozen juice treat/ Blueberries w/ whipped topping



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	Monday	Tuesday	Wednesday	Thursday	Friday
Day	12	13	14	15	16
Breakfast					
Choose 1 Lunch Entrée or Salad Choice if offered					
Must Choose 1: Fruit or Vegetable					

Day	19	20	21	22	23
Breakfast	Breakfast Bagel or Or Cereal w/ yogurt / Fruit or Juice	Steak Biscuit or Mini Cinnis/ Fruit or Juice	Breakfast Burrito or Waffle Juice/ Fresh fruit	Mini Pancakes or Scrambled eggs w/ toast / Fresh fruit / Juice	Cereal w/ string cheese or Pancake Sausage stick / Applesauce cup/ juice
Choose 1 Lunch Entrée or Salad Choice if offered	Chicken Biscuit or Pancakes w/ sausage	Beef Taco or Chicken Fajitas	Vegetable Beef Soup w/ Saltines Choice or School Made PBJ or Ham and Cheese Sandwich	Hamburger or Turkey Club	Crispito or Pepperoni Pizza
Must Choose 1: Fruit or Vegetable	Sweet Potato Bites/ Grits/ Dragon Juice/ Peach cups/ Fresh fruit	Lettuce, Tomato, Cheese cup/ Refried beans w/ Cheese sauce/ Buttered corn, Glazed apple. Pear salad	Garden Salad/ Cucumbers w/ dip/ Fruit Cocktail/ Fresh fruit	Lettuce/tomato/ Pickle Corn on the cob Baby carrots w/ dip Fresh fruit/ Orange wedges	Salad/ Chips /Salsa Cinnamon Apples .Fresh fruit



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	Monday	Tuesday	Wednesday	Thursday	Friday
Day	26	27	28	29	30
Breakfast	Chicken Biscuit Or Mini Blueberry Pancakes/Fruit or Juice	Mini Cinni or Cereal w/ cheese stick / Fruit or Juice	Pop tart w/ cheese toast or Sausage Biscuit / Fruit or Juice	Breakfast Pizza or cereal w/ Yo- gurt Juice/ Fruit	Maple Snack-n-Waffle or Breakfast Burrito / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Hot Dog or BBQ Sandwich	Baked Ham or Chicken Nuggets	Chicken Tetrizzini Chicken Nuggets	Crispito or Pepperoni Pizza	School Made PBJ sandwich or w/ Turkey stick or Turkey Cheese Club
Must Choose 1: Fruit or Vegetable	Cole Slaw / Deli Roasters / Fresh Strawberries w/Whipped Topping / Fresh fruit	Cornbread/ Pinto Beans/ Turnip Greens/ Mac and Cheese/ sliced Peaches/ Fresh fruit	Roll/ Green Peas/ California Blend/ Fresh Grapes/ Fruit Cocktail	Salad/ Chips /Salsa Cinnamon Apples .Fresh fruit	Baked Chips/ Dill Spear/ brocco- li and cauliflower w/ dip/ pineap- ple tidbits/ Dragon Punch/ Fresh fruit



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