

Standards Crosswalk

7th Grade

Alabama Health Standards Alignment

LESSON #	LESSON NAME	ANCHOR STANDARDS	CONTENT STANDARDS
BULLYING UNIT			
Lesson 1	Understanding Bullying	Decision-Making, Self-Management	7.5.1, 7.7.2
Lesson 2	Your Digital Footprint	Health Promotion, Decision-Making, Self-Management	7.1.2, 7.1.4, 7.5.1, 7.7.1, 7.7.2
Lesson 3	Witness	Access to Information/Products/Services, Interpersonal Communication, Decision-Making, Self-Management, Advocacy	7.3.2, 7.4.2, 7.5.1, 7.7.1, 7.7.2, 7.8.1
ABUSE UNIT			
Lesson 1	Understanding Abuse	Access to Information/Products/Services, Decision-Making	7.1.1, 7.5.1
Lesson 2	Coping with Abuse	Interpersonal Communication, Decision-Making, Self-Management	7.4.1, 7.4.2, 7.4.3, 7.5.1, 7.5.2, 7.7.2
Lesson 3	Healthy Relationships	Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making	7.2.1, 7.3.2, 7.4.2, 7.4.3, 7.5.1, 7.5.2
SUBSTANCE USE UNIT			
Lesson 1	Refusal Skills	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making, Goal-Setting, Self-Management	7.1.2, 7.1.4, 7.1.5, 7.2.1, 7.2.5, 7.3.2, 7.4.2, 7.5.1, 7.5.2, 7.6.1, 7.7.1, 7.7.2
Lesson 2	Harmful Effects of Use and Abuse	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Decision-Making, Self-Management	7.1.1, 7.1.2, 7.1.3, 7.1.4, 7.1.5, 7.2.1, 7.2.3, 7.2.5, 7.3.1, 7.3.2, 7.5.1, 7.5.2, 7.7.1, 7.7.2
Lesson 3	Dependency & Getting Help	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making, Goal-Setting, Self-Management	7.1.2, 7.1.3, 7.1.4, 7.2.5, 7.3.2, 7.4.2, 7.5.1, 7.5.2, 7.6.1, 7.7.1, 7.7.2
SELF-HARM & SUICIDE UNIT			
Lesson 1	Health Includes Mental Health	Self-Management	7.7.2
Lesson 2	Self-Care, Not Self-Harm	Health Promotion, Access To Information/Products/Services, Decision-Making, Self-Management	7.1.1, 7.1.2, 7.1.3, 7.1.4, 7.3.2, 7.5.1, 7.5.2, 7.7.1, 7.7.2
Lesson 3	Suicide: The Irreversible Act	Health Promotion, Analyzing Influences, Access To Information/Products/Services, Interpersonal Communication, Decision-Making, Self-Management, Advocacy	7.1.1, 7.1.2, 7.2.5, 7.3.1, 7.3.2, 7.4.1, 7.5.1, 7.5.2, 7.7.1, 7.7.2, 7.8.1

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7th Grade

Alabama Comprehensive Counseling and Guidance State Model		
LESSON #	LESSON NAME	GRADE-CLUSTER STANDARDS, COMPETENCIES, & INDICATORS
BULLYING UNIT		
Lesson 1	Understanding Bullying	A.A2.3, A.A3.1, A.B1.4, C.C2.2, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.5, PS:A2.6, PS:A2.7, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.7, PS:B1.8, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
Lesson 2	Your Digital Footprint	A.A2.3, A.A3.1, A.B1.4, C.C2.2, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.5, PS:A2.6, PS:A2.7, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.7, PS:B1.8, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
Lesson 3	Witness	A.A2.3, A.A3.1, A.B1.4, C.C2.2, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.2, PS:A2.3, PS:A2.4, PS:A2.5, PS:A2.6, PS:A2.7, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.7, PS:B1.8, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.9, PS:C1.11
ABUSE UNIT		
Lesson 1	Understanding Abuse	A.A2.3, A.B1.4, C:A1.5, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.3, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
Lesson 2	Coping with Abuse	A.A2.3, A.B1.4, C:A1.5, PS:A1.5, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.3, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.11
Lesson 3	Healthy Relationships	A.A2.3, A.B1.4, C:A1.5, PS:A1.5, PS:A1.6, PS:A1.7, PS:A2.1, PS:A2.3, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.6, PS:B1.8, PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.11
SUBSTANCE USE UNIT		
Lesson 1	Refusal Skills	A.A2.3, A.A3.1, A:B1.4, PS:A1.1, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.8, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.9, PS:C1.10, PS:C1.11
Lesson 2	Harmful Effects of Use and Abuse	A.A2.3, A.A3.1, A:B1.4, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.8, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.9, PS:C1.11
Lesson 3	Dependency & Getting Help	A.A2.3, A.A3.1, A:B1.4, PS:A1.3, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.8, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.8, PS:C1.9, PS:C1.11
SELF-HARM & SUICIDE UNIT		
Lesson 1	Health Includes Mental Health	A.A2.3, A.A3.1, A.B1.4, PS:A1.1, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.3, PS:A2.4, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.7, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.10, PS:C1.11
Lesson 2	Self-Care, Not Self-Harm	A.A2.3, A.A3.1, A.B1.4, PS:A1.1, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.3, PS:A2.4, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.7, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11
Lesson 3	Suicide: The Irreversible Act	A.A2.3, A.A3.1, A.B1.4, PS:A1.1, PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8, PS:A2.1, PS:A2.3, PS:A2.4, PS:A2.6, PS:B1.2, PS:B1.3, PS:B1.4, PS:B1.5, PS:B1.7, PS:C1.2, PS:C1.4, PS:C1.5, PS:C1.6, PS:C1.7, PS:C1.11