

NOVEMBER 2022

Dawson Springs

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Alfredo w/ Garlic Bread or Rib Sandwich, Broccoli w/Cheese, Peas & Carrots, Side Salad, Fruit or Juice & Milk **1**

Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk **2**

Beef & Cheese Nachos or Mac & Cheese, Refried Beans, Fiesta Veggies, Lettuce/Tomato Cup, Fruit or Juice & Milk **3**

Pizza or Mini Corndogs, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk **4**

Grilled Cheese or Rib Sandwich, Tomato Soup, Tater Tots, Broccoli w/Cheese, Coleslaw, Fruit or Juice & Milk **7**

Chicken Filet Sandwich or Spicy Chicken Sandwich, Baby Bakers, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk **8**

Chicken Fried Steak or Meatloaf, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk **9**

Hamburger or Cheeseburger, Fries, Pork-n-Beans, Lettuce/Tomato, Fruit or Juice & Milk **10**

Pizza or Mini Corndogs, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk **11**

Chicken Nuggets or General TSO's Chicken w/Rice, Tater Tots, Stir Fry Veggies, Side Salad, Roll, Fruit or Juice & Milk **14**

Rotini w/Garlic Bread or Meatball Sub, Baby Bakers, Corn on the Cob, Side Salad, Fruit or Juice & Milk **15**

Turkey & Dressing or Corndog, Mashed Potatoes w/Gravy, Green Beans, Sweet Potatoes, Roll, Fruit or Juice & Milk **16**

Chicken Fajita or Crispito w/Queso, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk **17**

Pizza or Mini Corndogs, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk **18**

Chili, Chilidog or Hotdog, Baked Potato, Coleslaw, Fritos Fruit or Juice & Milk **21**

Lasagna w/Garlic Bread, or Calzone w/Marinara, Broccoli w/Cheese, Corn on the Cob, Side Salad, Fruit or Juice & Milk **22**

T h a n k s g i v i n g **23**

B r e a k **24**

k **25**

Chicken Tenders w/Roll or Buffalo Chicken Wrap, Broccoli w/Cheese, Tater Tots, Carrots w/Ranch, Fruit or Juice & Milk **28**

Chicken Alfredo w/ Garlic Bread or Rib Sandwich, Broccoli w/Cheese, Peas & Carrots, Side Salad, Fruit or Juice & Milk **29**

Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk **30**



Daily Breakfast Items: Cereal, Poptarts, Fruit, Juice & Milk

- Monday: Sausage & Biscuit or Mini Pancakes
- Tuesday: Breakfast Pizza or Cinnamon Roll
- Wednesday: Egg & Cheese Biscuit or Mini Donuts
- Thursday: Chicken Biscuit or Banana Bread
- Friday: Sausage Pancake on a Stick

Daily Lunch Menu Items Include:

All of these options come with Vegetable, Fruit & Milk

Ham & Cheese Croissant Sandwich w/ Chips

- Yogurt or Beef Sticks, String Cheese Stick, Muffin & Cheez-its
- Ham or Turkey and Cheese Wrap w/Chips
- Pizza Lunchable
- Chef Salad w/Roll

This Institution is an equal opportunity provider
Menu is subject to change without notice