



# January

## THATCHER BREAKFAST

### MONDAY

**Breakfast Pizza**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### TUESDAY

**Bento Bites  
(Hard Boiled Egg,  
Juice, Crackers,  
Fruit) 1 ea.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### WEDNESDAY

**Apple  
Muffins**

1 ea.  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### THURSDAY

**WG Waffle Bar**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### FRIDAY

**Fresh Fruit & Yogurt  
Parfait 1 ea.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**WG Donut**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Bagel with  
Cream Cheese**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Cinnamon Rolls**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Cherry Frudel 1ea.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Biscuits & Gravy**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**No School  
MLK DAY****Breakfast Sandwich**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Egg & Chorizo  
Breakfast Burrito**

1 ea.  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Apple Frudel 1 ea.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**WG Donut**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Bagel with  
Cream Cheese**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Cinnamon Rolls**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**WG Waffle Bar**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Daily Offering:**  
Cereal bowl with  
graham offered  
daily as alternate  
entrée option.  
Vegetarian  
offering.



Key: BeWell Healthy Choice Vegetarian (Ovo-Lacto) Local

This institution is an equal opportunity provider

For questions and comments, please email the Food Service Director [faye.rodriguez@k12byelor.net](mailto:faye.rodriguez@k12byelor.net) or call 928-348-7217

ELIOR NORTH AMERICA