



BREAKFAST

LUNCH

# OCTOBER 2023

## KANSAS SCHOOL FOR THE DEAF

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

Monday

FRUDEL

2

TURKEY CORN DOG  
SWEET POTATO TOTS  
GOLDEN CORN  
FRUIT COCKTAIL

CINNAMON ROLL

9

SLOPPY JOE ON BUN  
BAKED BEANS  
CREAMY COLESLAW  
APPLE SLICES

PANCAKE ON A STICK

16

3-CHEESE CHICKEN BAKE  
GARLIC BREAD  
GREEN BEANS  
PEARS

BAGELS  
W/ CREAM CHEESE

23

FIESTADA PIZZA  
LETTUCE SALAD  
MIXED VEGETABLES  
ORANGE SLICES

DONUT/OATMEAL

30

CHICKEN QUESADILLAS  
REFRIED BEANS  
CORN  
APPLE SLICES

Tuesday

PANCAKES W/ SYRUP

3

HOT TURKEY AND  
CHEESE SANDWICH  
CHIPS  
SLICED CUCUMBERS  
ORANGE SLICES

BACON SCRAMBLE PIZZA

10

BREADED PORK STEAK  
ROLL  
SCALLOPED POTATOES  
CORN COBBETTE  
MANDARIN ORANGES

MUFFIN/OATMEAL

17

COUNTRY BAKED STEAK  
ROLL  
MASHED POTATOES W/ GRAVY  
STEAMED CARROTS  
STRAWBERRIES

SAUSAGE & GRAVY PIZZA

24

CHICKEN ALFREDO PASTA  
GARLIC BREAD  
STEAMED CAULIFLOWER  
AND BROCCOLI  
TROPICAL FRUIT SALAD

EGG & POTATO BOAT

31

CHILI CHEESE FRITOS  
CINNAMON ROLL  
ROASTED CAULIFLOWER  
GRAPES

Wednesday

DONUT/OATMEAL

4

BEEF, BEAN, CORN ENCHILADAS  
CORNBREAD  
MIXED VEGETABLES  
TROPICAL FRUIT SALAD

BISCUITS & GRAVY

11

COWBOY CAVATINI  
BREADSTICK  
ITALIAN VEGETABLES  
GRAPES

MINI WAFFLES W/ SYRUP

18

GRILLED CHEESE  
TOMATO SOUP  
MIXED VEGETABLES  
MELON

FRUDEL

25

BBQ RIB SANDWICH  
SWEET POTATO TOTS  
CAPRI VEGETABLES  
APPLESAUCE

Thursday

EGG & POTATO BOAT

5

SALISBURY STEAK  
ROLL  
MASHED POTATOES W/ GRAVY  
APPLESAUCE

FRENCH TOAST STICKS  
W/ SYRUP

12

ORANGE CHICKEN  
FRIED RICE  
STEAMED BROCCOLI  
PINEAPPLE

NO SCHOOL

19



PANCAKES W/ SYRUP

26

MEATBALLS IN BEEF GRAVY  
ROLL  
CHEESY MASHED POTATOES  
CORN  
BANANA

Friday

NO SCHOOL

6



BREAKFAST SANDWICH

13

HOMESTYLE PIZZA  
LETTUCE SALAD  
CAPRI VEGETABLES  
PEACHES

NO SCHOOL

20



BREAKFAST SANDWICH

27

BEEF HOT DOG ON BUN  
FRENCH FRIES  
CREAMY COLESLAW  
PEACHES

Questions????




Contact Cindy Rawie, Food Service Director  
[crawie@kssdb.org](mailto:crawie@kssdb.org)

Due to availability, substitutions to the menu may occur.  
This institution is an equal opportunity provider.



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## KANSAS SCHOOL FOR THE DEAF

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| <b>2</b><br>OVEN BAKED CHICKEN LEG<br>SLICED BREAD & BUTTER<br>MASHED POTATOES & GRAVY<br>APPLESAUCE | <b>3</b><br>TATER TOT CASSEROLE<br>MIXED GREEN SALAD<br>MIXED VEGETABLES<br>PEACHES      | <b>4</b><br>CHICKEN ALFREDO PASTA<br>BREADSTICK<br>STEAMED BROCCOLI<br>CHOCOLATE PUDDING<br>W/ VANILLA WAFERS | <b>5</b>  | <b>6</b><br>  |
| <b>9</b><br>CHICKEN TENDERS<br>MACARONI & CHEESE<br>MIXED VEGETABLES<br>FROZEN FRUIT CUP             | <b>10</b><br>BEEF NACHOS<br>LETTUCE, TOMATO, SALSA,<br>CHEESE SAUCE<br>PEACH COBBLER     | <b>11</b><br>CRISPY CHICKEN SANDWICH<br>FRENCH FRIES<br>PEAS & CARROTS<br>PEARS                               | <b>12</b><br>PHILLY CHEESESTEAK SANDWICH<br>PEPPERONI POTATO BAKE<br>SIDE SALAD<br>TROPICAL FRUIT SALAD | <b>13</b>  |
| <b>16</b><br>BBQ RIB SANDWICH<br>SWEET POTATO TOTS<br>STEAMED BROCCOLI<br>GRAPES                     | <b>17</b><br>FRENCH BREAD PIZZA<br>W/ MARINARA SAUCE<br>GREEN BEANS<br>CORN<br>PINEAPPLE | <b>18</b>   | <b>19</b>   | <b>20</b><br> |
| <b>23</b><br>SHEPHERD'S PIE<br>ROLL<br>PEAS<br>CHERRY COBBLER  | <b>24</b><br>HAMBURGER ON BUN<br>WAFFLE FRIES<br>CAPRI VEGETABLES<br>MIXED FRUIT SALAD   | <b>25</b><br>SHRIMP POPPERS<br>FRIED RICE<br>ORIENTAL VEGETABLES<br>MANDARIN ORANGES                          | <b>26</b><br>GRILLED CHICKEN SANDWICH<br>FRENCH FRIES<br>FRUIT COCKTAIL                                 | <b>27</b>  |
| <b>30</b><br>MEATBALL SUB<br>SLICED CUCUMBERS AND<br>CARROTS W/ RANCH<br>POPSICLE                    | <b>31</b><br>BUFFALO CHICKEN TOT BAKE<br>MIXED VEGETABLES<br>STRAWBERRIES                |                           |   |  |

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