

## **RHHS Athletics and Activities - Food Policy for Fall 2021**

The food policy for the fall of 2021 is as follows:

**At this time, no team meals are allowed.** This includes donuts, pizza, fast food, etc. When students have an afternoon game, night game or a bus trip we should be encouraging the students to bring healthy foods with them for themselves. We know team meals can build team chemistry and be a fun activity, but the flip side is there is a more likely chance of a covid spread. I have been told that Student/Athletes from Avon, East Hartford, Berlin and other schools have been quarantined and could not compete because of a spread after teams shared meals together. The result is a lost opportunity the kids will never get back. These games also result in a cancelation and possible forfeit. We are doing this so that the kids do not lose their chance to compete. This policy can change if our local DPH recommends it.