

STANDING ROCK COMMUNITY SCHOOL

October Breakfast Menu 2024

September 30- Oct 4

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
French toast	Breakfast Bars	Rope Sausage	Warm Bagels	Cheese Omelets
Scrambled Eggs	Cereal	Boiled Eggs	Cereal	Toast
Orange Wedges	Juice	Toast	Juice	Apples
		Juice		

Oct 7-11

Waffles	Egg and Potato Bake	Cocoa Wheats	Scrambled eggs	Breakfast Bowls
Sausage Link	Toast	Cereal	French toast	Bacon egg cheese
Juice	Apples	Juice	Orange wedges	

Oct 14-18

NO SCHOOL	Breakfast Pizza	Oatmeal	Biscuits and Gravy	Breakfast Tornada's
	Juice	Toast	Cereal	Cereal
	Apple	Juice	Juice	Orange Wedges

Oct 21-22

Biscuits and Gravy	Pancakes	Breakfast Burritos	Omelets	Carmel Rolls
Cereal	Sausage Links	Cereal	Toast	Yogurt
Juice	Apples	Orange Wedges	Juice	Bananas

Milk choices are 1% & Skim for breakfast

Cereal is everyday option

Menu subject to change