DECEMBER 2023 Taylor-White Elementary

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

THURSDAY

FRIDAY



Hamburger

French Fries

Fruit

Milk





Chicken Patty

Sliced Carrots

Green Beans

Fruit

Milk

Tacos

Fruit

Milk

Black Beans



Pork Patty on a Bun





Beans Cole Slaw Fruit

Milk



Pizza

Fruit

Milk

Milk

Garden Salad French Fries Rice Krispie Treat Ham

Sweet Peas Macaroni and Cheese

Roll

Fruit Milk

Breaded Steak Patty

Lettuce and Tomato

Black-Eyed Peas **Turnips** Hushpuppies

Fruit Milk

12

Chicken Nuggets Green Beans Sweet Potatoes Fruit Milk

13

Lasagna Garden Salad Corn Roll Fruit

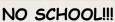


Hotdoa Beans Cole Slaw Fruit Milk



NO SCHOOL!!!





Lettuce and Tomato



NO SCHOOL!!!



NO SCHOOL!!!











NO SCHOOL!!!



NO SCHOOL!!!



NO SCHOOL!!!



NO SCHOOL!!!







