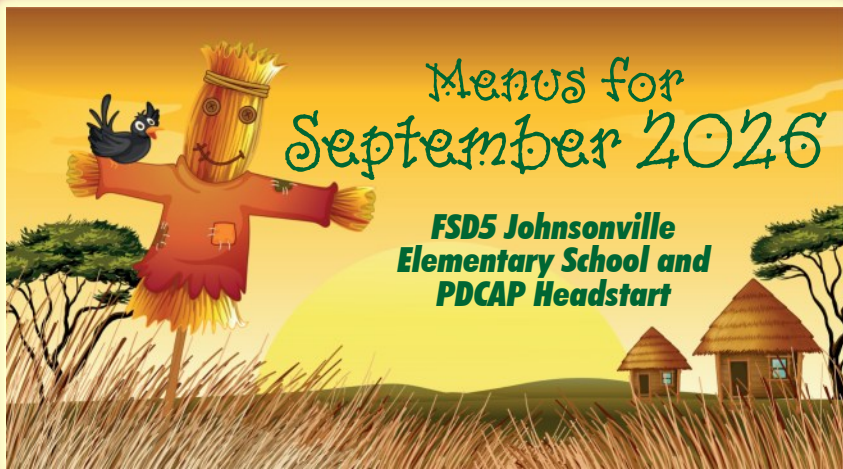




Menus for September 2026

**FSD5 Johnsonville
Elementary School and
PDCAP Headstart**

This institution is an equal opportunity provider. Menus are subject to change.



**Every complete meal
we serve comes with
your choice of milk!**

Tuesday, September 1

Breakfast

Mini Pancakes
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Beef Taco
Pinto Beans
Shredded Let/Tom
Fruit & Milk Choice

Wednesday, September 2

Breakfast

French Toast Sticks
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Chicken Alfredo Pasta
Mixed Vegetables
Carrots w/ Ranch
Breadsticks
Fruit & Milk Choice

Thursday, September 3

Breakfast

Eggs & Grits or Cereal
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Garlic Parm Wings
Mac n Cheese, Carrots w/
Ranch, Roll
Fruit & Milk Choice

Friday, September 4

**Teacher Work Day
No School**

Monday, September 7



**HAPPY
★ LABOR DAY! ★
NO SCHOOL**

Tuesday, September 8

Breakfast

Sausage Biscuit
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Mexican Pizza
Pinto Beans
Salad w/ Ranch
Fruit & Milk Choice

Wednesday, September 9

Breakfast

Pancake Pup
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Beefy Macaroni
Corn
Salad w/ Ranch
Breadstick
Fruit & Milk Choice

Thursday, September 10

Breakfast

Biscuits and Gravy or Cereal
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Chicken Nuggets
Mac n Cheese
Salad w/ Ranch
Fruit & Milk Choice

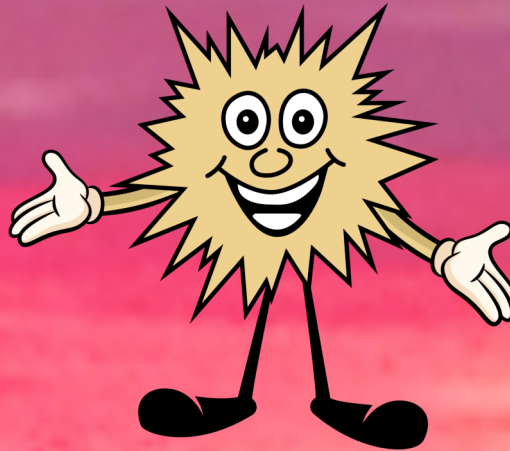
Friday, September 11

Breakfast

Cereal Bar or Cereal
Fruit, Juice, & Milk Choice

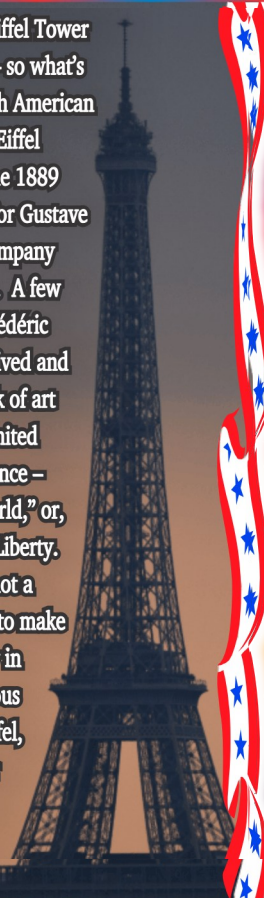
Lunch

Chef Salad w/ Ham
Or
Hot Dog,
Chips,
Veg Sticks
Fruit & Milk Choice



★ OUR NATION'S HISTORY ★

The world-famous Eiffel Tower is in Paris, France – so what's that have to do with American history? Keep reading. The Eiffel Tower was constructed for the 1889 World's Fair. It was named for Gustave Eiffel, the engineer whose company designed and built the tower. A few years before, French artist Frédéric Auguste Bartholdi had conceived and designed a monumental work of art that was to be a gift to the United States from the people of France – “Liberty Enlightening the World,” or, as we know it, the Statue of Liberty. But Bartholdi was an artist, not a builder. So who did he turn to make Lady Liberty an actual reality in New York Harbor? The famous French engineer, Gustave Eiffel, who was thus responsible for building two of the world's most famous landmarks!



★ *WITH LIBERTY & JUSTICE FOR ALL* ★

10 x 2.

Here's a simple way to roll a wellness “strike” twice a day, every day. Add just 10 minutes of daily exercise to whatever you're doing now. And get to bed just 10 minutes earlier than usual. Easy formula for improved wellness, right? Might even improve your bowling game!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Monday, September 14

Breakfast

Breakfast Pizza
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Cheeseburger
Fries
Lettuce / Tomato / Mayo
Fruit & Milk Choice

Tuesday, September 15

Breakfast

Mini Pancakes
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Walking Taco
Black Beans
Salad w/ Ranch
Fruit & Milk Choice

Wednesday, September 16

Breakfast

French Toast Sticks
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Steak & Gravy
Mashed Potatoes
Broccoli w/ Cheese
Roll
Fruit & Milk Choice

Thursday, September 17

Breakfast

Eggs & Grits or Cereal
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Teriyaki Chicken w/ Rice
Glazed Carrots,
Celery Sticks, Roll
Fruit & Milk Choice

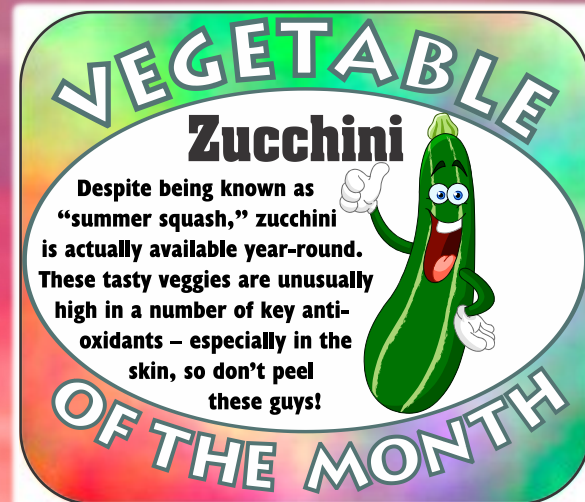
Friday, September 18

Breakfast

Cereal Bar or Cereal
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Pizza
Corn
Salad w/ Ranch
Fruit & Milk Choice



Monday, September 21

Breakfast

Mini Waffles
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Chicken Sandwich
French Fries, Lettuce and
Tomato
Fruit & Milk Choice

Tuesday, September 22

Breakfast

Sausage Biscuit
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Mexican Pizza
Pinto Beans
Salad w/ Ranch
Fruit & Milk Choice

Wednesday, September 23

Breakfast

Pancake Pup
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Spaghetti w/ Meat Sauce
Green Beans
Carrots w/ Ranch
Breadsticks
Fruit & Milk Choice

Thursday, September 24

Breakfast

Biscuits and Gravy or Cereal
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Popcorn Chicken
Green Beans, Roll
Fruit & Milk Choice

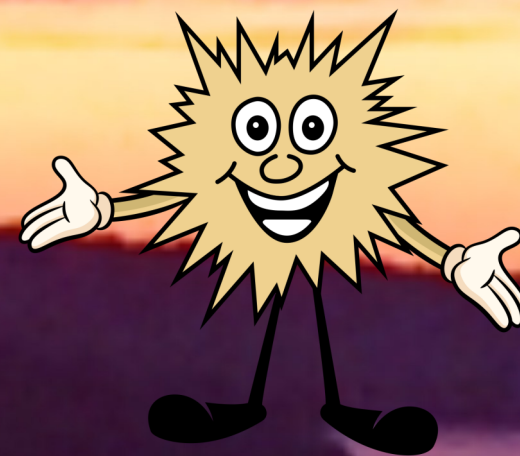
Friday, September 25

Breakfast

Cereal Bar or Cereal
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Corn Dog,
French Fries,
Veg Sticks
Fruit & Milk Choice



Monday, September 28

Breakfast

Breakfast Pizza
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Cheeseburger
Fries
Lettuce / Tomato / Mayo
Fruit & Milk Choice

Tuesday, September 29

Breakfast

Mini Pancakes
Fruit, Juice, & Milk Choice

Lunch

Southwest Salad w/ Chicken
Or
Beef Taco
Pinto Beans
Shredded Let/Tom
Fruit & Milk Choice

Wednesday, September 30

Breakfast

French Toast Sticks
Fruit, Juice, & Milk Choice

Lunch

Chef Salad w/ Ham
Or
Chicken Alfredo Pasta
Mixed Vegetables
Carrots w/ Ranch
Breadsticks
Fruit & Milk Choice



*Afraid of sharks? Of course you are!
But how about pencils – afraid of
them? Or candles? Stairs? Hot
dogs? Balloons? Coconuts? All of
these things kill more people every
year than shark attacks, which cause, on
average, less than one death every two years
in the U.S. In fact, watching “Shark Week” on
TV may actually pose more danger to you than actual
sharks – 29 people a year are killed by falling television sets!*