

APRIL 2024

Turkey Ford Elementary

BREAKFAST



School Information: THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April Fool's Day
NO SCHOOL

1

Bacon Eggs
Wheat toast
Fruit
Juice
Milk

2

Eggs Hashbrowns
Wheat toast
Fruit
Juice
Milk`

3

Cereal
Muffin
Fruit
Juice
Milk

4

Biscuits and gravy
Sausage
Fruit
Juice
Milk

5

Pancake bites
Fruit
Juice
Milk

8

Bacon Eggs
Wheat toast
Fruit
Juice
milk

9

Breakfast pizza
Fruit
Juice
Milk

10

Cereal
Cinnamon roll
Fruit
Juice
Milk

11

Biscuits and gravy
Sausage
Fruit
Juice
Milk

12

French toast
Sausage link
Fruit
Juice
Milk

15

Bacon eggs
Wheat toast
Fruit
Juice
Milk

16

Eggs hashbrowns
Wheat toast
Fruit
Juice
Milk

17

Cereal
Muffin
Fruit
Juice
Milk

18

NO SCHOOL

19

Earth Day
Pancake on a stick
Fruit
Juice
Milk

22

Bacon eggs
Wheat toast
Fruit
Juice
Milk

23

Breakfast burrito
Fruit
Juice
Milk

24

Cereal
Wheat toast
Fruit
Juice
Milk

25

National Pretzel Day
Biscuits and gravy
Sausage
Fruit
Juice milk

26

Egg omelet
Wheat Toast
Fruit
Juice
milk

29

Bacon eggs
Wheat toast
Fruit
Juice
milk

30

