

SHERMAN HEALTH

INSTRUCTOR CORNER

Amanda McMorris has been actively working as the Health Instructor at Sherman Indian High School since September 2019. Her family is among the Three Affiliated Tribes out of the Fort Berthold reservation in North Dakota.



AMANDA MCMORRIS
Pathway Instructor-Health

She has earned her Bachelor's degree in Health Science with a focus in Health Promotion from California State University, Fullerton. In July 2020, she completed her Master's degree in Public Health with an emphasis in Healthcare Administration from Los Angeles Pacific University.

Prior to this position she worked as a Health Educator with Riverside-San Bernardino County Indian Health through grants and programming for over 5 years. Her experience has been working closely with local tribes and establishing partnerships. The goal is to motivate student's interest in Health and understanding the endless amounts of careers it can bring. Her focus is built on bridging partnerships and connecting students with Native health professionals. Instruction is done using hands-on applications to test comprehensive knowledge.

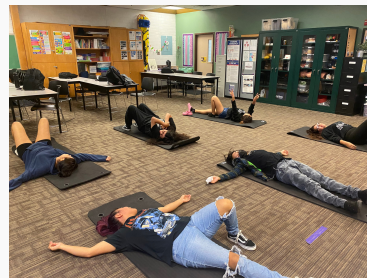
WESTERN UNIVERSITY



The American Indian Health Career Ladder (AIHCL) program is a FREE enrichment program focused on guiding Native students (5th-12th grade) in becoming skilled and compassionate health care practitioners in a variety of medical and health care professions.



Picture: Students were enjoying a health snack (Apple Nachos) after researching Vegan nutritional plans



Picture: Students had just completed a full body workout using no added weights or equipment.

INTRODUCTION TO HEALTH CAREERS

Researching health careers while learning basic skills and knowledge on career specific pathways

HEALTH & FITNESS

Students are learning the popular nutritional plans while building skills for fitness planning

INTERNSHIP OPPORTUNITIES

Indian Health Service (IHS on-site)
Riverside Sports Clinic