

Furlow Charter School Wellness Committee
Agenda
November 10, 2021
4:00 PM

Review of September 2021 Wellness Committee Minutes

Review of Goals

- **Nutrition Promotion Goals**

- FCS will work with the community to provide an avenue for reaching students before and after school through organized physical activities (e.g., intramurals, interscholastic sports, community-based programs, and other activities) throughout the school year.
- FCS will participate in the Fresh Fruit and Vegetable Program to provide fresh fruits and vegetables to students a minimum of two times per week.
- FCS will use the Harvest of the Month resources five times during the school year.

- **Nutrition Education Goals**

- FCS will utilize school gardens to ensure students can experience planting, harvesting, preparing, serving, and tasting self-grown food that reflects the ethnic and cultural diversity of the student population.
- FCS will solicit student feedback and input on menus to increase meal participation.

Telehealth Services

- **Progress**
- **Marketing**