SEPTEMBER 2021

Alvord ISD- Alvord Elementary Menu

Monday

Tuesday

Wednesday

Thursday

Pancakes and Sausage Links

OR Cereal and Toast

Friday

Apple Cinnamon Texas Toast





Cherry Frudel OR Cereal and String Cheese

Chicken Smackers OR Red Beans and Sausage over Rice Biscuit Quick Baked Potato Caesar Salad

Spaghetti & Meatballs OR **BBQ Pork Sandwich** Broccoli

OR Cereal and String Cheese Pepperoni Pizza OR Fish Sticks

Cherry Tomatoes

Texas Toast Potato Smiles Baby Carrots



Sausage Biscuit OR Cereal and Toast

Turkey Taco OR King Ranch Chicken Casserole Tortilla Chips & Salsa Ranch Style Beans

Kolache OR Cereal and String Cheese

Breaded Chicken Drumstick OR **Smoked Sausage Coins** Macaroni & Cheese Texas Toast Sautéed Green Beans Creamy Coleslaw

Bacon, Egg and Cheese Taco OR Cereal and Toast

Baked Ziti OR Breaded Chicken Sandwich Corn Cobbettes Garden Salad

Cinnamon Roll OR Cereal and String Cheese

Cheese Pizza OR Frito Pie Tater Tots Tomato & Cucumber Salad

French Toast Sticks OR Cereal and String Cheese

Hamburger OR Cheeseburger OR Ravioli **Texas Toast** Crinkle Cut Fries Sugar Snap Peas

Breakfast on a stick OR Cereal and Toast

Chicken Crispito OR Sweet Thai Chili Chicken Rice Roasted Broccoli Veggie Dippers

Chicken and Waffle Sandwich Or Cereal and String Cheese

> Chicken Smackers OR Turkey Chef Salad Roll Mash Potatoes Corn

Scrambled Eggs, Bacon & Toast Or Cereal and Toast

Chicken and Waffles OR Toasted Ham & Cheese Sandwich Tomato Basil Soup Caesar Side Salad

Dutch Waffle OR Cereal and String Cheese

> Selfie Pizza OR Cheese Nachos Potato Smiles Frijoles Rancheros

Uncrustable Or 20 Cereal and String Cheese

Hamburger OR Cheeseburger OR Garlic French Bread Seasoned Wedges Cucumbers

Pancake Sausage Sandwich OR Cereal and Toast

Green Chile Chicken Quesadilla OR Cheeseburger Mac Cheese Ranch Style Beans **Baby Carrots**

Chocolate Chip Muffin OR Cereal and String Cheese

Chicken Nuggets OR Chicken Noodle Soup Roll Mash Potatoes & Gravv Green Beans with Ham

Sausage, Egg and Cheese Taco OR Cereal and Toast

Cheesy Chicken over Rice OR Corn Doa Zucchini With Corn Garden Salad

Glazed Donut OR Cereal and String Cheese

Pepperoni Pizza OR Bean and Cheese Burrito Tater Tots Veggie Dippers

Mini Blueberry Pancakes OR 97 Cereal and String Cheese

Hamburger OR Cheeseburger OR Chicken Pasta Salad Crinkle Cut Fries Spinach & Strawberry Salad

Bacon and Cheese Biscuit OR Cereal and Toast

Cheese Enchiladas OR Crunchy Chicken Cheddar Wrap Tortilla Chips & Salsa Refried Bean Casserole

Cherry Frudel OR Cereal and String Cheese

Popcorn Chicken OR Steak Fingers Roll Mash Potatoes & Gravy Corn

Pancakes and Sausage Links OR Cereal and Toast

Chicken Alfredo OR Warm Hawaiian Ham & Cheese Sliders Sautéed Green Beans Caesar Side Salad



1% low fat unflavored milk and fat free flavored milk are available at breakfast and lunch daily. Fresh, dried or canned fruit and/or fruit juice is also available daily. Substitutions may sometimes need to be made with a nutritionally comparable menu item