

Menu Name : Cornerstone Elementary Lunch Menu

Grade Level / Age Group : Grades K-8

Options Provided : Hot, Hot Vegetarian Meals

Meal Pattern : NSLP

Meal : Lunch

NOVEMBER - 2024

Building Lunch Menus Students Love

Friday, November 1, 2024

Hot Meals

According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.

We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.

These measures help ensure our meals feed more students and fewer trash cans.

Hot Veg

Twisted Cheesy

Breadsticks

Warm Red Sauce

Broccoli Florets & Dip

Crisp Varietal Apple

Choice Milk

SAME as REGULAR MEAL

Week IV

Monday, November 4, 2024
Golden Chicken Tenders & Ketchup

Warm Black Beans

Celery Sticks & Dip

WG Dinner Roll

Chilled Apple Slices & Choice Milk

Fluffy Omelet, Buttermilk Pancakes & No Sugar Fruit Compote

Hot Veg

Tuesday, November 5, 2024

Brunch Lunch

Buttermilk Pancakes w/ No Sugar Fruit Compote

Colby Cheese Omelet

Baby Carrots & Dip

Chilled Peaches & Choice Milk

SAME as REGULAR MEAL

Wednesday, November 6, 2024

Mac & Cheese

Fresh Bakery Roll

Mixed Greens Salad & Dressing

Banana

Choice Milk

SAME as REGULAR MEAL

Thursday, November 7, 2024

Parent/Teacher CONFERENCES

Friday, November 8, 2024

Hot Meals

Week V

Monday, November 11, 2024
Premium Chicken Nuggets

Ketchup

Wheat Crackers

Baby Carrots & Dip

Chilled Apple Slices & Choice Milk

Twisty Stuffed Breadsticks w/ Dip

Hot Veg

Tuesday, November 12, 2024

BBQ Meatballs

Mashed Potatoes

Chilled Peaches

WG Dinner Roll

Choice Milk

Veggie Garden Burger w/Ketchup

Wednesday, November 13, 2024

Asian Rice Bowl

Seasoned Rice served with Asian Sesame Chicken

Steamed Broccoli

Banana

Choice Milk

French Pizza Bread

Thursday, November 14, 2024

Premium Chicken Patty Sandwich

WG Bun & Ketchup

CKC Baked Beans

Celery Sticks & Dip

Orange Wedges & Choice Milk

Grilled Cheese Sandwich

Friday, November 15, 2024

Cheese Pizza Quesadilla

Mixed Greens Salad w/Dressing

Crisp Varietal Apple

Choice Milk

SAME as REGULAR MEAL

Hot Meals

Week VI

Monday, November 18, 2024
CKC Chef's Texas Burger w/American Cheese Slice

CKC Baked Beans

Chilled Apple Slices

Choice Milk

Vegetarian Croissant Sandwich

Hot Veg

Tuesday, November 19, 2024

Sweet & Sour Chicken

Seasoned Rice

Celery Sticks, Carrot Slims & Ranch

Chilled Peaches

Choice Milk

Pizza Crunchers

Wednesday, November 20, 2024

Fresh Hot Delivered Pizza

Steamed Peas

Banana

Choice Milk

SAME as REGULAR MEAL

Thursday, November 21, 2024

Brunch Lunch

French Toast Sticks w/ No Sugar Fruit Compote

Baby Carrots & Dip

Orange Wedges

Choice Milk

SAME as REGULAR MEAL

Friday, November 22, 2024

Pizza Hand Pie

Garden Greens & Dressing

Crisp Varietal Apple

Choice Milk

SAME as REGULAR MEAL

Hot Meals

Week I

Monday, November 25, 2024

Soft Shell Tortilla Taco

Taco Seasoned Beef, WG Tortilla & Shred Cheese

Steamed Corn

Chilled Apple Slices

Choice Milk

Bean & Cheese Burrito

Hot Veg

Tuesday, November 26, 2024

BBQ Teriyaki Chicken

Seasoned Rice

Celery Sticks, Carrot Slims & Dip

Chilled Peaches

Choice Milk

Pizza Crunchers

Wednesday, November 27, 2024

Thursday, November 28, 2024

Friday, November 29, 2024

THANKSGIVING BREAK

Hot Meal

Week II

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.
All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.
All rice dishes /rice products are made of whole grain brown rice.