Amite County High School

December 2022 Lunch Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | Dec - 1  Stuffed Crust Pizza  Tater Tots  California Veggies  Ketchup2  Fruit Juice  Fruit Crisp  Milk | Dec - 2  Chicken Nuggets OR  Mozzarella Sticks/  Marinara Sauce  Fries  Lima Beans  Roll  Ketchup 3  Dipping Sauce 1  Creamsicle Dessert  Fruit Juice  Chilled Fruit  Milk |
| Dec - 5  Chicken Tenders  Mashed Potatoes / Gravy  Lemon Glazed Carrots  Roll  Fruit Juice  Chilled Fruit  Milk | Dec - 6  Chicken Sandwich  Fries  California Veggies  Ketchup 3  Mayonnaise 1  Mustard 1  Fruit Juice 7-12  Fruit Crisp  Milk | Dec - 7  Fish Sandwich OR Mozzarella Sticks / Marinara Sauce  Fries  Steamed Carrots  Confetti Coleslaw  Ketchup 2 Tartar Sauce 1  Pudding  Fruit Juice  Chilled Fruit  Milk | Dec - 8  Beef Taco  Cheesy Broccoli  Mexicali Corn  Sour Cream 2  Taco Sauce 1  Chocolate Chip Cookie  Fruit Juice 7-12  Chilled Fruit  Milk | Dec - 9  Bacon Burger  Criss Cut Sweet Potato  Baked Beans  Mayonnaise 1  Mustard 1  Ketchup 3  Brownies  Fruit Juice  Chilled Fruit  Milk |
| Dec - 12  Korean BBQ Chicken  OR  Chicken Egg Rolls  Fried Rice  Roll  Steamed Broccoli  California Veggies  Creamsicle Dessert  Fruit Juice  Chilled Fruit  Milk | Dec - 13  Spaghetti & Meat Sauce  Garlic Toast  Lima Beans  Southern Mud  Fruit Juice  Chilled Fruit  Milk | Dec - 14  Chicken Fajita Wrap  Fiesta Rice  Mexicali Corn  Cheesy Broccoli  Brownies  Sour Cream 1  Chilled Fruit  Fruit Juice 7-12  Milk | Dec - 15  Pork Chop  Rice / Gravy  Roll  Sweet Potato Casserole  Green Beans  Banana Pudding  Fruit Juice  Chilled Fruit  Milk | Dec - 16  Ham and Cheese on Bun  chips Pickles  Baby Carrots w/ Dressing  Mayonnaise 1  Mustard 1  Fruit Juice  Chilled Fruit  Milk |

\*Milk served daily: fat-free Chocolate and low-fat white milk. \*

\*\*Menu subject to change due to unforeseen circumstances. \*\*

\*\*\*This institution is an equal Opportunity Provider\*\*\*

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However, students are only required to select three components with one being a fruit or vegetable. \*\*\*

