

EGJH PE Curriculum Map

[Standards
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[7th & 8th Grade
Standards](#)

7th & 8th Grade

Semester 1				
	Quarter 1 Cycle 1	Quarter 1 Cycle 2	Quarter 2 Cycle 3	Quarter 2 Cycle 4
Unit	<ul style="list-style-type: none"> Safety and respect Cooperation/teamwork 	<ul style="list-style-type: none"> Fitness 	Fitness/	Basketball/Soccer
Essential Standards	Standard 4 Exhibits Responsible Personal and Social Behavior that Respects Self and Others.	Standard 3 Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	Standard 1 Demonstrates competency in a variety of motor skills and movement patterns.	Standard 2 Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
Learning Targets	S4.M1 Personal Responsibility- Students can show responsible social behaviors by cooperating with classmates, demonstrating inclusive behaviors, and cheering on classmates. S4.M4 <ul style="list-style-type: none"> - Working with Others Conflict Resolution (S4.E3.3-5.a) - Accepts Others (S4.E3.3-5.b) Students can demonstrate cooperation skills by establishing rules and guidelines for resolving conflicts. (I.E. conflict corner)	S3.M8- Fitness Knowledge Student can set and monitor a self-selected physical-activity goal for cardiovascular and/or muscle- and bone-strengthening activity based on current fitness level.	S1. M24 Individual Performance Activities Demonstrates correct technique for a variety of skills in 1 self-selected individual-performance activity.	
Common Formative	Formative #1: Self-reflection check on problem solving	Formative #1: Student self- selected assessment		

Assessments	Formative #2: Self-reflection check on safety	Formative #2: Student self- selected assessment journal		
Smart Goal	<ul style="list-style-type: none"> 90% Students can independently use physical activity and exercise equipment appropriately and safely majority of the time. 	80% of students have set goals, are tracking their progress and are working towards improving in at least 3 self-selected fitness components within a quarter.		

Semester 2				
	Quarter 3 Cycle 5	Quarter 3 Cycle 6	Quarter 4 Cycle 7	Quarter 4 Cycle 8
Unit	•			
Essential Standards	Standard 5 Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	Standard 4 Exhibits Responsible Personal and Social Behavior that Respects Self and Others.	Standard 3 Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	Standard 1 Demonstrates competency in a variety of motor skills and movement patterns.
Learning Targets				
Common Formative Assessments	Formative #1: Formative #2:	Formative #1: Formative #2:		
Smart Goal	•			