

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Cumberland County Schools



THE
PARENT
INSTITUTE®

January 2024

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Plan to spend some one-on-one time with your child this month. Write your "appointment" on the family calendar.
- 2. After you read aloud, ask your child to retell the story from memory.
- 3. Ask your child to help you organize something, such as a closet.
- 4. Create a family logbook. Everyone can jot down and read thoughts, reminders and accomplishments.
- 5. Teach your child a life skill, such as preparing a simple meal, washing clothes or washing dishes.
- 6. Take the family to the library. Have everyone check out some books.
- 7. Play a board game that involves math with your child.
- 8. It's National Clean Off Your Desk Day. Make it Clean Up Your Study Area Day, too!
- 9. If you don't have time to read to your child at night, read in the morning. It's a real "power breakfast."
- 10. Have your child draw a picture of something that happened in school. Talk about it.
- 11. Ask your child, "Why do you think we have laws in our society? What would happen if we didn't?"
- 12. Make a pretend clock using a paper plate and two strips of paper. Help your child practice telling time.
- 13. Ask your child to name places where water is found.
- 14. Play I Spy with your child. Say "I spy something orange." Let your child guess what it is.
- 15. With your child, try to name an animal that starts with every letter of the alphabet. (You can leave out X.)
- 16. Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?
- 17. Help your child set up dominos in a row and then knock them down. How long a trail can your child make?
- 18. Watch a TV show or video with the sound muted. Ask family members to make up the dialogue.
- 19. Make a list of three new things you'd like to do or try as a family. Then make plans to do them!
- 20. Sometime today, exchange notes with your child instead of talking.
- 21. Compliment your child on a recent accomplishment.
- 22. Ask your child to use a ruler or measuring tape to measure and record the dimensions of six objects in your home.
- 23. In the car, have your child add the numbers on license plates you see.
- 24. Let your child help you with a chore today. Be sure to say thank you.
- 25. Ask your child to spell the names of favorite foods.
- 26. Play a card game with your child that reinforces number sense, such as Crazy Eights or Go Fish.
- 27. Have your child look for certain letters or words on a cereal box or soup can.
- 28. Teach your child how to sew on a button today.
- 29. Help your child set a goal for this week.
- 30. Watch the news on TV with your child. Choose one story and have your child compare it with a news article on the same topic.
- 31. Talk about new words that your elementary schooler thinks should be in the dictionary. Have your child write the definitions.