

DECEMBER 2023


Hines Middle School Breakfast and Lunch Menu

Lunch – \$3.55 paid SY23-2024 & 0¢-reduced Extra Milk – 45¢ Juice is .45¢

Lunch includes: Entrée with salad bar options of, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			
<p>4 Breakfast Warm Waffle- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand Baked Beans Veggie, Fruit & Milk</p>	<p>5 Breakfast Chocolate Oat Bar- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito Sweet Corn & Salsa Veggie, Fruit & Milk</p>	<p>6 Breakfast Egg & Sausage English Muffin Cereal & Grains, fruit & Milk Veggie, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Homemade Mac & Cheese w/ Roll Seasoned Green Beans Veggie, Fruit & Milk</p>	<p>7 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara sauce Veggie, Fruit & Milk</p>
<p>11 Breakfast Fresh Cinnamon Roll- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Burger/ FF Veggie, Fruit & Milk</p>	<p>12 Breakfast Blueberry Parfait- Cereal & Grains, fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Homemade Chicken & Bean Burrito Seasoned Rice & Beans Veggie, Fruit & Milk</p>	<p>13 Breakfast French Toast w/ Berries Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Hamburger w/ Baked Beans Veggie, Fruit & Milk</p>	<p>14 Breakfast Maple Bar- Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> PB & Jelly Sack Lunch Carrots w/ Ranch, Assorted Fruit, Chip & Milk</p>
<p>NO SCHOOL WINTER BREAK</p>		<p>HAVE A FUN & SAFE WINTER BREAK</p>	
<p>RETURN TO SCHOOL JAN 2, 2024</p>			

THIS SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER