## Breakfast

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| hello  |  |  | *<br>ER  | 1<br>Southern Biscuit<br>Ham Slice<br>Powdered Donuts<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly        |
| 4<br>Southern Biscuit<br>Sausage Patty<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly  | 5<br>Dutch Waffle<br>Brk Chix Tender<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Pancake Syrup      | 6<br>Hot Grits<br>Bacon Strips<br>Scrambled Egg Patty<br>Crispy Toast<br>Waffles in a Bag<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly<br>Pancake Syrup  | 7<br>Brk Sausage Pizza<br>Dunkin Stix<br>Yogurt Parfait<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk                                  | 8<br>Southern Biscuit<br>Brk Chix Tender<br>Powdered Donuts<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly  |
| 11<br>Southern Biscuit<br>Sausage Patty<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly | 12<br>French Toast Sticks<br>Bacon Strips<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Pancake Syrup | 13<br>Hot Grits<br>Bacon Strips<br>Scrambled Egg Patty<br>Crispy Toast<br>Waffles in a Bag<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly<br>Pancake Syrup | 14<br>Ham/Egg/Cheese<br>Croissant<br>Assorted Brk Bread<br>Yogurt Parfait<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk                | 15<br>Southern Biscuit<br>Brk Chix Tender<br>Powdered Donuts<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly |
| 18<br>Southern Biscuit<br>Sausage Patty<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly | 19<br>Pancake Pup<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Pancake Syrup                         | 20<br>Hot Grits<br>Bacon Strips<br>Scrambled Egg Patty<br>Crispy Toast<br>Waffles in a Bag<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly<br>Pancake Syrup | 21<br>Pancakes<br>Sausage Patty<br>Hashbrown Potatoes<br>Yogurt Parfait<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Pancake Syrup | 22<br>Southern Biscuit<br>Ham Slice<br>Powdered Donuts<br>Yogurt<br>Cereal<br>Poptart<br>Cereal Bar<br>Fresh Fruit Bowl<br>Chilled Fruits<br>Fruit Juice<br>Low Fat Milk<br>Chocolate Milk<br>Jelly       |

| 25      | 26      | 27      | 28      | 29      |
|---------|---------|---------|---------|---------|
| Holiday | Holiday | Holiday | Holiday | Holiday |

This institution is an equal opportunity provider.