



Monday

Tuesday

Wednesday

Thursday

Friday

3

Chicken Nuggets
Tuna Salad Salad
Criscut Sweet Potatoes
Mixed Vegetables
Fruit Slushes
Fresh Fruit Bowl
Yeast Roll
Variety of Dipping Sauce
Ketchup
Chocolate Milk
Fat Free Milk

Taco Soup, USDAF, M4500.1
Managers Choice Salad
Saltine Crackers
Italian Sliced Carrots
Spinach Salad
Fresh Fruit Bowl
Fresh Fruit Cup
Cornbread
Chocolate Milk

Fat Free Milk

BBQ Pork Sandwich Grilled Chicken Salad Spicy Fries Confetti Coleslaw Fresh Pears Fresh Bananas Chocolate Chip Cookie Low Fat Milk Chocolate Milk Spaghetti & Meat Sauce Chef Salad Cheesy Broccoli Raw Veggies with Dip Fresh Oranges Fresh Bananas Whole Wheat Garlic Toast Chocolate Milk Fat Free Milk

Saltine Crackers

Tuna Salad with Crackers

Broccoli Salad

Tomatoes with Dip

Fresh Fruit Bowl

Flavored Raisins

Graham Crackers

Chocolate Milk

Fat Free Milk

Pepperoni Pizza Wedge Chicken Salad Salad Whole Kernel Corn Steamed Carrots Fresh Fruit Bowl Assorted Fruit Juices Snack Cookies Fat Free Milk Chocolate Milk

10

Corn Dog
Grilled Fajita Salad
Seasoned Potato Wedges
Tex Mex Style Beans
Pear and Kiwi Medley
Assorted Fruit Juices
Chocolate Milk
Fat Free Milk

11

Bacon Cheese Burger Fruit and Yogurt Plate Tomatoes & Carrots w/Dip Baked Ranch Fries Banana Berry Blend Fresh Fruit Bowl Mayonnaise Mustard Ketchup Chocolate Milk Fat Free Milk 12

5

Roasted Chicken Wings Manager's Choice Salad Seasoned Whole Green Beans Tossed Salad w/ Dressing Fruit Slushes Fresh Grapes Whole Wheat Roll Ranch Dressing Chocolate Milk Fat Free Milk 13
Chili Con Carne No Beans

6

Hamburger Steak w/ Gravy
Chef Salad
Carrot/Celery/Cucumber
w/Dressing
Mashed Potatoes
Fresh Fruit Bowl
Tropical Fruit
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

17

Chicken Spaghetti
Tuna Salad with Crackers
Steamed Broccoli Florets
Whole Kernel Corn
Applesauce in a Bag
Fruited Gelatin
Yeast Roll
Chocolate Milk
Fat Free Milk

18

Veggie Soup SandComboUM5 030.1 Chef Salad Vegetable Juice Baked Beans Flavored Raisins Chilled Peach Slices Chocolate Milk

Fat Free Milk

19

26

Baked Pork Chop
Managers Choice Salad
Fried Brown Rice
Carrots and Red Peppers
with Dip
Green Peas
Frozen Fruit Juice Cups
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

20

Chicken Nachos Chef Salad Black-Eyed Peas Cheesy California Veggies Chilled Peaches Fresh Bananas Fat Free Milk Chocolate Milk 2

28

Red Beans and Rice
with Sausage
Managers Choice Salad
Whole Kernel Corn
Marinated Tomato and
Cucumber Salad
Pineapple Tidbits
Fresh Fruit Bowl
Yeast Roll
Chocolate Milk
Fat Free Milk

24

Stromboli Supreme
Chicken Salad on
Croissant Bun
Steamed Broccoli Florets
Spicy Fries
Applesauce in a Bag
Fruited Gelatin
Chocolate Milk
Fat Free Milk

25

Fish Sticks
Chef Salad
Tomatoes & Carrots w/Dip
Baked Ranch Fries
Fresh Strawberries
Chilled Mandarin
Oranges
Whole Wheat Roll
Ketchup
Fat Free Milk
Chocolate Milk

Cheesy Chicken Over/Rice
Tuna Salad on
Croissant Bun
Southern Mustard Greens
Field Peas
Fresh Grapes
Frozen Fruit Juice Cups
Cornbread
Low Fat Milk
Chocolate Milk

Chili Cheese over Chips
Chicken Salad Sandwich
Crinkle Cut Fries Baked M611
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Confetti Coleslaw
Fresh Fruit Bowl
Fruit Cocktail
Ketchup
Snack Cookies

Fat Free Milk

Chocolate Milk

27

Mexican Pizza
Ham and Turkey
on Bun
Trimmings
Bake Chips
Steamed Carrots
Broccoli Salad
Tangerines
Fruit Cocktail
Mayonnaise
Mustard
Low Fat Milk
Chocolate Milk

GPSD Lunch K-8 th Menu
Menu Subject to Change
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