

Monday

Tuesday

Wednesday

Thursday

Friday



1
Breakfast:
Scrambled eggs, Grits, & Sausage with Toast
Lunch:
Breaded Chicken Sandwich/Sun chips
Green Beans
Baby Carrots w/ Ranch
Apple

2
Breakfast:
Ham & Cheese Croissant
Lunch:
Chicken Fajitas
Rice
Pinto Beans
Diced Tomatoes/Salsa/ Sour Cream
Banana

3
Breakfast:
Breakfast Bagel with Fruit
Lunch:
Pizza
Corn
Super Salad
Ice Cream
Orange

6
Breakfast:
Bacon & Cheese Biscuit
Lunch:
Asian Chicken
Fried Rice
Egg Roll
Asian Slaw
Assorted Fruit Bowl

7
Breakfast:
Pancakes & Sausage w/Fruit
Lunch:
Vegetable Soup & Cornbread
Cheese Toast
Salad
Fruit Cup

8
Breakfast:
Cheese Toast & Link Sausage
Lunch:
Alfredo with Garlic Bread/
Caesar salad
Oven Roasted Broccoli
Apple

9
Breakfast:
Oatmeal & Link Sausage
Lunch:
Hotdog w/Chili and Cheese
Fries
Baked Beans
Fruit Bowl



13
Breakfast:
Biscuit & Bacon
Lunch:
Crispito w/ Sour Cream
Rice & Beans
Chips & Salsa
Lettuce & Tomato
Fruit Bowl

14
Breakfast:
Pancakes and Sausage
Lunch:
Popcorn Chicken
Green Beans
Sweet Potato Fries
Roll & Fruit

15
Breakfast:
Sausage Biscuit
Lunch:
Chili & Crackers
Grilled Cheese
Corn
Salad
Fruit

16
Breakfast:
Cinnamon Roll
Lunch:
Cheese sticks with Marinara
Corn
Super Salad
Choice of Fruit
Cookie

20
Breakfast:
Breakfast Pizza
Lunch:
Country Fried Steak
Steamed Carrots
English Peas
Roll
Fruit

21
Breakfast:
Chicken & Waffles
Lunch:
Ham & Cheese Croissant/ Sausage
Biscuit
Scrambled Eggs, Grits, & Hash-
browns
Sliced Tomatoes & Fruit

22
Breakfast:
Biscuit
Lunch:
Corndog
Mac and Cheese
Broccoli & Salad
Banana & Apples Assorted

23
Breakfast:
Chicken Biscuit
Lunch:
Roasted Chicken
Mashed Potatoes /Roll
Black Eyed Peas
Fruit

24
Breakfast:
Breakfast Bagel with Fruit
Lunch:
Pizza
Corn
Super Salad
Ice Cream
Fruit

Low-Fat Milk and Fruit options available at every meal!!!
At Breakfast Fruit, Cereal, Pop-Tarts & Yogurt will be offered.
Salad Bar & Grab-N-Go Boxes offered at lunch daily!
Menus are subject to change due to availability!