



OCT. 2021

MENU SUBJECT TO CHANGE
 FRUIT, VEGETABLES & MILK SERVED DAILY
 QUESTIONS? CONTACT JULIE PETERSON AT
 jpeterson@nymills.k12.mn.us

MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
<p>4</p> <p>CEREAL YOGURT FRUIT OR JUICE ***** CHICKEN FRIES SMILE POTATOES FRUIT & VEGETABLE</p>	<p>5</p> <p>POPARTS CHEESE STICK FRUIT OR JUICE ***** CHICKEN CHEESE QUESADILLA FRUIT & VEGETABLE</p>	<p>6</p> <p>DUTCH WAFFLE NUTIGRAIN BAR FRUIT OR JUICE ***** MEATLOAF, GRAVY MASHED POTATO ROLL, BEEN BEANS</p>	<p>7</p> <p>HAM & CHEESE BAR OATMEAL BENEFIT BAR FRUIT OR JUICE ***** HOT DOG FRENCH FRIES BAKED BEANS, FRUIT</p>	<p>8</p> <p>BENEFIT BAR SHORTBREAD CRACKERS FRUIT OR JUICE ***** CHICKEN SANDWICH CHIPS, FRUIT VEGETABLE</p>
<p>11</p> <p>CEREAL YOGURT FRUIT OR JUICE ***** CHICKEN FAJITA WRAP CRACKERS FRUIT & VEGETABLE</p>	<p>12</p> <p>BLUEBERRY MUFFIN GIANT GOLDFISH FRUIT OR JUICE ***** CORN DOG ASSORTED POTATOES FRUIT & VEGETABLE</p>	<p>13</p> <p>YOGURT PARFAIT LUCKY CHARMS KIT ***** LASAGNA ROLLUP BREADSTICK FRUIT & VEGETABLE</p>	<p>14</p> <p>PANCAKE ON A STICK TRIX BAR FRUIT OR JUICE ***** TACO IN A BOAT BLACK BEANS FRUIT & VEGETABLE</p>	<p>15</p> <p>BENEFIT BAR CHEESE STICK FRUIT OR JUICE ***** ASSORTED PIZZA ASSORTED TREAT FRUIT & VEGETABLE</p>
<p>18</p> <p>CEREAL YOGURT FRUIT OR JUICE ***** TURKEY GRAVY, ROLL MASHED POTATOES FRUIT & VEGETABLE</p>	<p>19</p> <p>CINNAMON BAGEL BITE CRACKERS FRUIT OR JUICE ***** CHICKEN ALFREDO BREADSTICK FRUIT & VEGETABLE</p>	<p>20</p> <p>BENEFIT BAR SUNFLOWER SEEDS FRUIT OR JUICE ***** CHEESY PULLAPARTS MARINARA FRUIT & VEGETABLE</p>	<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>NO SCHOOL</p>
<p>25</p> <p>CEREAL YOGURT FRUIT OR JUICE ***** HOAGIE SANDWICH CHIPS FRUIT & VEGETABLE</p>	<p>26</p> <p>RICE KRISPIE BAR HARD BOILED EGG FRUIT OR JUICE ***** FISH NUGGETS ASSORTED POTATOES FRUIT & VEGETABLE</p>	<p>27</p> <p>APPLE FRUDEL COCOA PUFF BAR FRUIT OR JUICE ***** BEEF NACHOS COOKIE FRUIT & VEGETABLE</p>	<p>28</p> <p>BLUEBERRY DONUT CRACKERS FRUIT OR JUICE ***** SLOPPY JOE, BEANS ASSORTED POTATOES FRUIT</p>	<p>29</p> <p>BENEFIT BAR CHEESE STICK FRUIT OR JUICE ***** ASSORTED PIZZA GOGURT FRUIT & VEGETABLE</p>
<p>1</p>	<p>2</p>	<p>4</p>	<p>4</p>	<p>5</p>