

SEPTEMBER

CAROL GILLESPIE			Thursday	Friday
Monday	Tuesday	Wednesday	1	2
5 French Dip Steamed Carrots 4 Fresh Veggies Fruit Milk	6 Chicken Nuggets Mac n Cheese Bread Green Beans 4 Fresh Veggies Fruit Milk	7 Rib B Que/ Bun Baked Potato 4 Fresh Veggies Fruit Milk	8 Nachos w/ fixin's Corn 4 Fresh Veggies Fruit Milk	
12 Crispitos Bread Green Beans 4 Fresh Veggies Fruit Milk	13 Shepherd's Pie Peas/Carrots Bread 4 Fresh Veggies Fruit Milk	14 Breaded Cheese Sticks w/ Marinara Sauce Peas 4 Fresh Veggies Fruit Milk	15 BBQ/ Bun Sun Chips Baked Beans 4 Fresh Veggies Fruit Milk	16 Chicken Patty/ Bun Sweet Potato Fries 4 Fresh Veggies Fruit Milk
19 Chicken Fajita Wrap w/ fixin's Corn 4 Fresh Veggies Fruit Milk	20 Hamburger/ Bun Cheese Slice Fries 4 Fresh Veggies Fruit Milk	21 Pulled Pork/ Bun Cream Rice Peas 4 Fresh Veggies Fruit Milk	22 Popcorn Chicken Bowl Bread 4 Fresh Veggies Fruit Milk	23 Spaghetti Garlic Toast Green Beans 4 Fresh Veggies Fruit Milk
26 Cheese Pizza Bread Roasted Broccoli 4 Fresh Veggies Fruit Milk	27 Chicken Strips Broccoli Soup Bread 4 Fresh Veggies Fruit Milk	28 Goulash Bread Peas 4 Fresh Veggies Fruit Milk	29 Shrimp Poppers Bread/ Peanut Butter Green Beans 4 Fresh Veggies Fruit Milk	30 Walking Tacos w/ fixin's Corn 4 Fresh Veggies Fruit Milk