

Personal Health

Chadwick-Milledgeville C.U.S.D. #399 offers comprehensive personal health and safety and comprehensive sexual health education courses to students grades 7-12. These courses are in the form of health education taught to 8th graders and Sophomores. The course description for High School health is as follows: This one semester course covers basic information in a wide variety of areas concerning a person's health. Topics include goal setting, decision making, motivation, mental health, drug education, sexuality, physical health, diseases and first aid. These courses use certified medical professionals to present on sexual health.

Contact Mr. Kurt Folk, kfolk@dist399.net, for inquiries about instruction and materials used in these courses.