



News to Note

Livingston County Schools received multiple funding opportunities during the 2022-2023 school year to aid in improving the Child Nutrition program.

The district was one of only eight counties in Kentucky awarded the HMI Rural Schools Grant in the amount of \$97,000.00 to assist in the purchase of new serving lines for SLES and NLES, as well as implement a garden to school program at all schools. SLES and NLES were both recipients of the USDA Equipment Assistance Grant in the amount of \$25,000 each- to further assist with the serving line purchases.

Three of our schools received recognition as one of America's Healthiest Schools by the Alliance for Healthier Generations. LCHS received three awards for their work on improving Staff Well-Being, School Health Services, and for being a Tobacco- Free School. Livingston County Middle School was also awarded for their School Health Services. South Livingston Elementary received an award for their dedication to Social-Emotional Health and Learning for both staff and students

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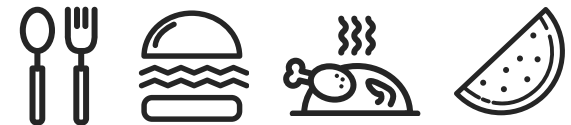
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Nutrition & Health Report Card 2023-2024

In Livingston County Schools, our mission provide a culture of rigorous, engaging, and differentiated learning for every student, every day. In Livingston County Schools, our vision is to Live RED--Reaching Excellence Daily. Our district is dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach excellence daily.



School Breakfast Program

The School Breakfast Program (SBP) was established in 1966. School districts receive federal reimbursement for each school breakfast served that meets the USDA nutrition guidelines. Studies show that children who participate in this program have significantly higher standardized achievement test scores than those who do not participate. Children with access to school breakfast also have a significantly reduced number of absences and tardiness rates.

Data based on 2022-2023 School Year

# of Participating Schools:	4
Federal Reimbursement:	\$331,467.58
Total Breakfast Served:	129,011

Summer Feeding Program

Thanks to the hard work and dedication of our food service staff and help from faculty and staff from across the district, Livingston County Schools Summer Feeding Program was a tremendous success.

The Summer Program ran from May 22nd through July 31st, 2023. During this time, over 52,000 meals were distributed to children within Livingston County. This program allows faculty and staff to see their students and their families throughout the summer, increasing positive relationship with the community. Additionally, students have an opportunity to see many of their favorite faces each week as they pick up their meals.

We look forward to the continued success of this program.

National School Lunch

The National School Lunch Program (NSLP) was conceived in 1946 as a “measure of national security to safeguard the health and well-being of the Nation’s children.” School districts receive federal reimbursement for each school lunch served that meets the USDA nutrition guidelines. These guidelines promote meal quality, while also using commodities donated from the USDA helps farmers as well as, keep costs down for schools.

Federal regulations require that we offer minimum portion sizes daily and weekly of meat/meat alternative, grains, fruit, vegetable (of certain sub-groups), and milk. The portion sizes are designed to meet the needs of growing children and sizes increase as children get older. Students serve themselves and make their own choices each meal service. The menu cycle provides variety and allows us to make the most efficient use of commodities. All juice offered is 100% juice and milk is 1% or Fat Free Flavored. We use whole grain products and have a sodium restriction each week.

Data based on 2022-2023 School Year

# of Participating Schools:	4
Federal Reimbursement:	\$622,030.28
Total Lunches Served:	145,852

Considerations for 2024-2025:

- **increase partnerships with regional farms to increase local foods available in our schools.**
- **increase collaboration with administrators to increase meal participation.**
- **Offer Grab and Go breakfast at LCMS**
- **review opportunities for physical activity embedded within classroom curriculum.**
- **determine additional wellness needs for faculty, students, and staff.**



Community Eligibility Provision

The Community Eligibility Program (CEP) continues to be implemented in all four schools for the 2024-2025 school year. This provision is from the Healthy, Hunger-Free Kids Act of 2010 that allows schools and local educational agencies with high poverty rates to provide breakfast and lunch to all students at no charge. CEP eliminates the burden of collecting household applications to determine eligibility for school meals, relying instead on information from other means-tested programs such as the Supplemental Nutrition Assistance Program and Temporary Assistance for Needy Families.

If you have any questions, please call the Livingston County Board of Education at (270) 928-2111.