



RCES Raider Times

Learn with Passion, Lead with Integrity, and Succeed with Confidence!

Social Emotional

October is National Bullying Prevention Month!

October is a special month dedicated to raising awareness about bullying and promoting a safe and inclusive learning environment for all students. We encourage parents to partner with us in fostering a culture of kindness and respect. Let's work together to teach our children the importance of empathy, compassion, and healthy conflict resolution. By standing united against bullying, we can create a positive and supportive community for everyone.

Around the School

Teacher of the Year

Congratulations to Mrs. Harper for being chosen the RCES 2024 Teacher of the Year! Mrs. Harper has been teaching 1st Grade at RCES for 29 years! She is passionate about education and making sure each child is celebrated! The students, faculty and staff appreciate Mrs. Harper's continuous leadership, support and enthusiasm for education!

Boo Grams

Celebrate the changing of the seasons by sending a special treat to your student. "Boo Grams" are on sale for \$2 per "Boo Gram" or send the class a set for \$30. "Boo Grams" will be on sale October 1-18, 2024.

Important Dates

September 30-October 4 - Homecoming Spirit Week

October 9 - No School for Students
Teacher PD Day

October 15 - Picture Day, Report Cards

October 22 - Early Release Day &
Parent/Teacher Conferences

October 25 - Fall Carnival

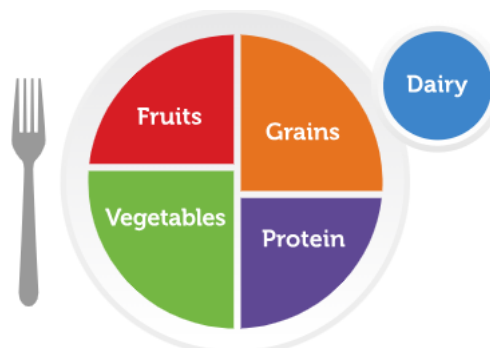
October 28-November 1st - Red Ribbon Week

Health & Wellness

Smart Snacking

Snacking can be part of a healthy diet. When purchasing groceries or packing snacks for school lunch or an afternoon adventure, focus on balanced snacks that include a source of carbohydrates, protein, and healthy fat to help satisfy hunger and reinforce positive eating habits. Unsure where to start? Review Healthy Snacking at [MyPlate.gov](https://www.MyPlate.gov) to guide your family's snacking adventures.

#MUSCboeingcenter



MyPlate.gov