



# December

## THATCHER BREAKFAST

### MONDAY

**Pancakes.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### TUESDAY

**Breakfast Sandwich**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### WEDNESDAY

**Cherry Frudel 1ea.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### THURSDAY

**Breakfast Muffin**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

### FRIDAY

**Breakfast Pizza**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Bento Bites  
(Hard Boiled Egg,  
Juice, Crackers,  
Fruit) 1 ea.**

½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Apple  
Muffins**

1 ea.  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Bagel with  
Cream Cheese**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**WG Donut**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Bagel with  
Cream Cheese**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Biscuit & Gravy**

1 ea.  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Cinnamon Rolls**

1 serving  
½ c Fruit choice  
½ c Juice Choice  
1 c Milk

**Daily Offering:**

Cereal bowl with  
graham offered  
daily as alternate  
entrée option.  
Vegetarian  
offering.



Key: BeWell Healthy Choice Vegetarian (Ovo-Lacto) Local

This institution is an equal opportunity provider

For questions and comments, please email the Food Service Director at [xxx@aviands.com](mailto:xxx@aviands.com) or call xxx-xxx-xxxx

ELIOR NORTH AMERICA