



OCTOBER 2026

3RD – 6TH

Daily Alternate Entrée Options: Grill/Favorites, Deli Sandwiches, & Entrée Salads



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken Nuggets

1 serving
Tater Tots ½ c
Dinner Roll
Nutrition Bar
Choice of Fruit ½ c

Alt: Sicilian Lemon Chicken

Beef Nacho's

1 serving
Pea & Carrots ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Cheeseburger

Hot Dog

1 serving
Curry Roasted Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Korean Chicken Bowl

Pizza

1 ea.
Galic Herb Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Cheeseburger

Pizza

Garlic & Herb Butter Green
Beans ½ c
Breadstick
Nutrition Bar
Choice of Fruit ½ c

Alt: Beef Pasta Bake



NO School

Cheeseburger

1 serving
Corn ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Southwest Chicken Salad

Corn Dog

1 serving
Seasoned Corn
½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Char Sir Pork Bowl

Pizza

1 serving
Lemon Parmesan Roasted
broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Chicken Ceasar Wrap



Breakfast For Lunch

1 serving
Tater Tots ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Chicken Nuggets / Breadstick

Taco's

1 serving
Charro Beans ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Hamburger

Chicken Drumsticks

1 serving
Glazed Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Southwest Pin Wheel

Pizza

Herb Gren Beans ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Spaghetti & Meat Sauce



Popcorn Chicken / Dinner Roll

Roasted Potato's ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Corn Dog

Nacho Bar

1 serving
Cheesy Beans ½ c
Rice ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Grilled Cheese Sandwich

Fish Sticks/ MG Chips

1 serving
Glazed Carrots ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Teriyaki Chicken Bowl

Pizza

1 serving
Mixed Veggies ½ c
Nutrition Bar
Choice of Fruit ½ c

Alt: Chicken Bacon Ranch Sandwich



Choice of ½ c fruit, nutrition bar, and ½ pint milk included with your meal and offered daily.
Nutrition Bar includes assorted fresh fruit and vegetables.

BeWell Healthy Choice

Vegetarian (Ovo-Lacto)

Local

Global Bites Feature

So Good Feature

This institution is an equal opportunity provider.

