

APRIL

Monday

Tuesday

Wednesday

Thursday

Friday

1

Fish Sticks
Grilled Chicken Sandwich
Chef Salad
Sweet Potato Sticks
w/ Dressing
Baked Ranch Fries M6140
Fresh Strawberries
Chilled Mandarin
Oranges
Whole Wheat Roll
Ketchup
Low Fat Milk
Chocolate Milk

2

Cheesy Chicken Over/Rice
Corn Dog Nuggets
Chicken Salad on
Croissant Bun
Southern Mustard Greens
Field Peas
Fresh Grapes
Frozen Fruit Juice Cups
Mexican Cornbread
Low Fat Milk
Chocolate Milk

3

Chili Cheese over Chips
Fruit and Yogurt Plate
Grilled Fajita Salad
California Veggies
Confetti Coleslaw
Fresh Fruit Bowl
Fruit Cocktail
Oatmeal Raisin Cookie
Low Fat Milk
Chocolate Milk

4

Mexican Pizza
Ham and Turkey
on Bun
Chicken Tenders Salad
Trimmings
Bake Chips
Whole Kernel Corn
Broccoli Salad
Fresh Bananas
Fruit Cocktail
Mayonnaise
Mustard
Low Fat Milk
Chocolate Milk

7

Chicken Nuggets
Glazed BBQ Meatballs
on Hoagie Bun
Tuna Salad M3590
Criscut Sweet Potatoes
Mixed Vegetables
Fruit Slushes
Fresh Fruit Bowl
Whole Wheat Roll
Variety of Dipping Sauce
Chocolate Milk
Fat Free Milk

8

BBQ Pulled Pork Burger
Ham and Turkey
Sandwich
Chef Salad
Baked Beans
Confetti Coleslaw
Fresh Pears
Fresh Bananas
Chocolate Chip Cookie
Low Fat Milk
Chocolate Milk

9

Chicken Fajita Wrap
Fish Sticks
Managers Choice Salad
Saltine Crackers
Mashed Potatoes
Spinach Salad
Fresh Fruit Bowl
Fresh Fruit Cup
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

10

Spaghetti & Meat Sauce
Grilled Chicken Sandwich
Trimmings
Chef Salad
Cheesy Broccoli
Raw Veggies with Dip
Fresh Bananas
Fresh Oranges
Whole Wheat Garlic Toast
Mayonnaise
Mustard
Chocolate Milk
Fat Free Milk

11

Pepperoni Pizza Wedge
Fruit and Yogurt Plate
Chicken Patty Sandwich
Spicy Fries
Steamed Carrots
Fresh Fruit Bowl
Assorted Fruit Juices
Fat Free Milk
Chocolate Milk

14

Corn Dog
Chicken Salad w/Crackers
Ham and Turkey
Sandwich
Tomatoes & Carrots w/Dip
Tex Mex Style Beans
Pear and Kiwi Medley
Assorted Fruit Juices
Chocolate Milk
Fat Free Milk

15

Bacon Cheese Burger
Managers Choice Salad
Tuna Salad on
Croissant Bun
Glazed Carrots
Seasoned Green Beans
Chilled Peaches
Fresh Fruit Bowl
Cornbread
Chocolate Milk
Fat Free Milk

16

Buffalo Chicken Wings
Sweet Chili Chicken Wings
Fish Sticks
Chef Salad
Baked Ranch Fries
Tossed Salad w/ Dressing
Fruit Slushes
Banana Berry Blend
Whole Wheat Roll
Ranch Dressing
Chocolate Milk
Fat Free Milk

17

American Sub
Cheesy Breadstick
Tuna Salad M3580
Saltine Crackers
Broccoli Salad
Ass.WG Baked Chips
Fresh Apples
Flavored Raisins
Cookies, ChocChip Gma M754
0
Chocolate Milk
Fat Free Milk

18

21

Baked Pork Chop
Chicken Salad Sandwich
Managers Choice Salad
Fried Brown Rice
Carrots and Red Peppers
with Dip
Green Peas
Frozen Fruit Juice Cups
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

22

Chicken Spaghetti
Tuna Ranch Wrap
Grilled Fajita Salad
Steamed Broccoli Florets
Whole Kernel Corn
Applesauce in a Bag
Fruited Gelatin
Yeast Roll
Chocolate Milk
Fat Free Milk

23

Red Beans and Rice
with Sausage
Managers Choice Salad
Hamburger w/ Trimmings
Whole Kernel Corn
Marinated Tomato and
Cucumber Salad
Pineapple Tidbits
Fresh Fruit Bowl
Whole Wheat Roll
Chocolate Milk
Fat Free Milk

24

Chicken Nachos
American Sub
Chef Salad
Criss Cut Sweet Potatoes
Cheesy California
Veggies
Chilled Peaches
Fresh Bananas
Fat Free Milk
Chocolate Milk

25

28

Breadstick W/Cheese
 Marinara Sauce
 Grilled Fajita Salad
 Tuna Ranch Wrap
 Steamed Broccoli Florets
 Black-Eyed Peas
 Applesauce in a Bag
 Fruited Gelatin
 Chocolate Milk
 Fat Free Milk

29

Fish Sticks
 Grilled Chicken Sandwich
 Chef Salad
 Tomatoes & Carrots w/Dip
 Baked Ranch Fries M6140
 Fresh Strawberries
 Chilled Mandarin
 Oranges
 Whole Wheat Roll
 Ketchup
 Low Fat Milk
 Chocolate Milk

30

Cheesy Chicken Over/Rice
 Corn Dog Nuggets
 Tuna Salad on
 Croissant Bun
 Southern Mustard Greens
 Field Peas
 Fresh Grapes
 Frozen Fruit Juice Cups
 Mexican Cornbread
 Low Fat Milk
 Chocolate Milk

GPSD High School Lunch Menu
Menu Subject to Change

"This Institution is an Equal Opportunity Provider."