


## Sumter County Intermediate School

	Monday	Tuesday	Wednesday	Thursday	Friday
			August 3rd	August 4th	August 5th
Breakfast	<div style="text-align: center;"> <p><b>MILK AND FRUIT CHOICES AVAILABLE AT EVERY MEAL!</b></p>  </div>		Pancake Pup Orange Juice	Chicken Biscuit Apple Juice	Cinnamon Roll Yogurt Grape Juice
Option 2			Pop Tart Yogurt Apple Juice	Blueberry Muffin Yogurt Smoothie	Bowl of Cereal Yogurt Apple Juice
Lunch			Spaghetti w/ Meatsauce Cooked Broccoli Bread Stick	Chicken Fingers Baked Beans Mac & Cheese Celery Sticks	Hot Dog Tater Tots Carrot Sticks w/Ranch Graham Snack
Option 2			Spicy Chicken Sandwich Crinkle Cut Fries Carrots & Celery w/ Ranch	Hamburger Steak Mashed Potatoes Green Beans Dinner Roll Graham Snack	BBQ Sandwich Baked Beans Coleslaw
Option 3			Unrustable Grape Cheese Stick Cooked Broccoli Carrot Sticks Bread Stick	Unrustable Grape Graham Snacks Mac & Cheese Celery Sticks	Unrustable Grape Cheese Stick Tater Tots Carrot Sticks w/Ranch Graham Snack
	August 8th	August 9th	August 10th	August 11th	August 12th
Breakfast	Bowl of Cereal Apple Juice	Cereal Bar Yogurt Smoothie	Bowl of Cereal Apple Juice	Cereal Bar Teddy Grahams	Strawberry Simply Chex Mix Yogurt Apple Juice
Option 2	Biscuit Sausage Patty Juice	Super Stik- Twin Pack Yogurt Grape Juice	Pancake Pup Orange Juice	Chicken Biscuit Juice	Banana Muffin Yogurt Smoothie
Lunch	Cheeseburger w/ lettuce & tomato Sweet Potato Fries	Oven Fried Chicken Collard Greens Cooked Carrots Cornbread	Hamburger Steak w/ Gravy Mashed Potatoes Corn Blackeyed Peas Dinner Roll	Chicken Fingers Potato Wedges Broccoli & Cauliflower w/ Ranch Dinner Roll	Tacos w/ lettuce & Tomato Refried Beans Teddy Grahams
Option 2	Hot Dog Chili Cheese Fries Slaw	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Broccoli w/ranch	Chicken Sandwich Crinkle Cut Fries Carrots & Celery w/ Ranch	Philly Steak Nachos Black Beans Salsa Cup	BBQ Mac & Cheese Dinner Roll Baked Beans Coleslaw
Option 3	Unrustable Grape Cheese Stick Celery & Carrots w/ranch	Unrustable Grape Graham Snacks Cucumber Slices & Broccoli w/ Ranch	Unrustable Grape Cheese Stick Broccoli & Carrot Sticks Doritos	Unrustable Grape Cheese Stick Sun Chips Celery Sticks Dried Chickpeas	Unrustable Grape Cheese Stick Tater Tots Carrot Sticks w/Ranch Graham Snack

## Sumter County Intermediate School

	August 15th	August 16th	August 17th	August 18th	August 19th
<b>Breakfast</b>	Bowl of Cereal Apple Juice	Powdered Sugar Mini Donut 6pk Yogurt Smoothie	Bowl of Cereal Yogurt Apple Juice	Blueberry Muffin Yogurt Smoothie	Bowl of Cereal Yogurt Apple Juice
<b>Option 2</b>	Biscuit Sausage Patty Juice	French Toast Sticks Fruit	Pancake Pup Orange Juice	Chicken Biscuit Juice	Warm Cinnamon Roll (1.6oz) Grape Juice
<b>Lunch</b>	Pepperoni Pizza Side Salad Corn	Orange Chicken Bowl w/ Brown Rice Egg Roll Broccoli & Carrots Cooked	BBQ Sandwich Baked Beans Crinkle Cut Fries	Chicken Fingers Baked Potato Carrot & Celery Sticks w/ Ranch Dinner Roll	Corn Dog Doritos Salsa Sliced Cucumbers
<b>Option 2</b>	Spicy Chicken Sandwich Crinkle Cut Fries Carrot Sticks w/ Ranch	Meatball Hoagie Side Salad Corn	Chicken Patty Mashed Potatoes w/ Gravy Green Beans Dinner Roll	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Baked Beans	Bean Burrito Bowl (USDA) Tortilla Chips Queso Salsa
<b>Option 3</b>	Unrustable Grape Cheese Stick Celery & Carrots w/ranch	Unrustable Grape Graham Snacks Cucumber Slices & Broccoli w/ Ranch	Unrustable Grape Cheese Stick Broccoli & Carrot Sticks Doritos	Unrustable Grape Cheese Stick Sun Chips Celery Sticks Dried Chickpeas	Unrustable Grape Cheese Stick Tater Tots Carrot Sticks w/Ranch Simply Chex Cheddar
	August 22nd	August 23rd	August 24th	August 25th	August 26th
<b>Breakfast</b>	Bowl of Cereal Banana	Cereal Bar Yogurt Smoothie	Strawberry Simply Chex Mix Yogurt Apple Juice	Cereal Bar Teddy Grahams	Bowl of Cereal Yogurt Apple Juice
<b>Option 2</b>	Biscuit Sausage Patty Juice	Warm Cinnamon Roll Yogurt Grape Juice	Pancake Pup Orange Juice	Chicken Biscuit Juice	Banana Muffin Yogurt Smoothie
<b>Lunch</b>	Chicken Sandwich Sun Chips Salsa Cup Carrots & Celery w/ Ranch	Hamburger Steak w/ Gravy Mashed Potatoes Seasoned Cabbage Graham snacks Dinner Roll	Chicken Alfredo w/ Rotini Roasted Brussels Sprouts Carrots	Chicken Fingers Mac & Cheese Green Beans Broccoli & Carrots w/ Ranch	Walking Tacos w/ lettuce & Tomato Refried Beans Corn Salsa Cup
<b>Option 2</b>	Spaghetti w/ Meatsauce Side Salad Bread Stick	Generals Chicken w/ Brown Rice Seasoned Carrots & Broccoli Egg Roll	Corn Dog Crinkle Cut Fries Baked Beans	Beefy Nachos & Cheese Lettuce & Tomato Salsa Cup	Pepperoni Pizza Corn Cucumber Slices w/ Ranch
<b>Option 3</b>	Unrustable Grape Cheese Stick Celery & Carrots w/ranch	Unrustable Grape Graham Snacks Cucumber Slices & Broccoli w/ Ranch	Unrustable Grape Cheese Stick Broccoli & Carrot Sticks Doritos	Unrustable Grape Mac & Cheese Celery Sticks Dried Chickpeas	Unrustable Grape Cheese Stick Tater Tots Carrot Sticks w/Ranch Graham Snack

## Sumter County Intermediate School

	August 29th	August 30th	August 31st	September 1st	September 2nd
<b>Breakfast</b>	Bowl of Cereal Apple Juice	Cereal Bar Yogurt Smoothie	Bowl of Cereal Yogurt Apple Juice	Super Stik- Twin Pack Yogurt Grape Juice	Bowl of Cereal Yogurt Apple Juice
<b>Option 2</b>	Biscuit Sausage Patty Juice	French Toast Sticks Juice	Pancake Pup Orange Juice	Chicken Biscuit Juice	Warm Cinnamon Roll Grape Juice
<b>Lunch</b>	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Celery & Carrot Sticks w/ Ranch	Oven Fried Chicken Blackeyed Peas Collard Greens Cornbread	Nachos w/ Chili & Cheese Side Salad	Chicken Fingers Crinkle Cut Fries Baked Beans Dinner Roll	Beefy Mac w/ Dinner Roll Green Peas Carrots
<b>Option 2</b>	BBQ Sandwich Sweet Potato Baked Beans	Big Loaded Baked Potato w/ Chili & Cheese Roasted Broccoli	Spicy Chicken Sandwich Crinkle Cut Fries Carrot Sticks w/ Ranch	Hamburger Steak Mac & Cheese Dinner Roll Roasted Zucchini (3/4c)	Cheese Stix Marinara Cup Carrot & Broccoli w/ Ranch
<b>Option 3</b>	Unrustable Grape Cheese Stick Celery & Carrots w/ranch	Unrustable Grape Graham Snacks Cucumber Slices & Broccoli w/ Ranch	Unrustable Grape Cheese Stick Broccoli & Carrot Sticks Doritos	Unrustable Grape Mac & Cheese Celery Sticks Dried Chickpeas	Unrustable Grape Cheese Stick Tater Tots Carrot Sticks w/Ranch Simply Chex Cheddar