

Date of Review: 06-04-2024Reviewer Name: Samantha Carroll**Child Nutrition Program**

YES	NO	
✓		National School Lunch Program (NSLP) is available to all students and adheres to the guidelines established by the USDA and published in the School Meal Initiative (SMI) for Healthy Children.
✓		School breakfast is available to students and adheres to guidelines established by the USDA and published in the School Meal Initiative (SMI) for Healthy Children.
✓		Meal serving sizes comply with the meal pattern requirements described by the USDA.
✓		All students are allowed ample time and space for eating meals and no food is used or withheld as a reward or punishment.

**School Based Activities**

YES	NO	
✓		School fundraisers meet Covington County Schools Wellness Policy requirements.
✓		List non-compliant fundraiser activities: <i>all noted and on file in each school's Fundraiser Exempt Form for sy 2023-2024</i>

**Nutrition Education**

YES	NO	
✓		Nutrition education is integrated into students' curriculum to educate students on the life-long benefits of healthy eating.

**Physical Activities**

YES	NO	
✓		Students are provided the opportunity to develop the knowledge and skills for specific physical activities and

		taught the short and long term benefits of a physically active and healthful lifestyle.
✓		Students regularly participate in daily physical activity and are not withheld from a physical education class for reward or punishment.

**Food and Beverages Provided to Students**

YES	NO	
✓		Foods sold during school hours promote good health and do not include foods of minimal nutritional value and do not exceed the allowable portion size limit.

**Beverages sold meet the following grade appropriate guidelines:**

YES	NO	
✓		<b>Elementary/Junior High Schools (Pre-k through 8):</b> No carbonated soft drinks shall be sold or provided free to these students during the school day. Items sold must be non-carbonated, 100% fruit juice, milk, or water not to exceed 8 oz. (elementary) or 12 oz. (middle).
✓		<b>High Schools (9 through 12):</b> No more than 20 oz. portions of calorie-free flavored water (with or without carbonation); and other flavored and/or carbonated beverages that are labeled to contain less than 5 calories per 8 fluid oz. or 10 calories or less per 20 fluid oz. No more than 12 oz. portions of beverages with 40 calories or less per 8 fluid oz., or 60 calories or less per 12 fluid oz.
✓		Food or beverage that have high fructose corn syrup or sugar listed as the first ingredient are not made available to students during the school day.
✓		Celebrations for K-6 should be limited to no more than one party per class per month that involve food/beverage and grades 7-12 should limit celebrations that involve food/beverage to one party per month per grade level. All foods provided must meet the USDA Foods of Minimal Nutritional Value guidelines.
✓		Vending machine fronts in all locations on campus meet policy requirements.
✓		Local schools compliant with no student having access to vending or snack items during meal service time.
✓		Fast food/competitive foods or carbonated drinks are not brought to the cafeteria with competitive wrapping.

**Observation**

Based on the observation of the Wellness Policy Review, the following criterion was found to be unacceptable and must be corrected immediately:

None; all schools compliant and are currently working towards the goals in the district's Wellness Policy

Samantha Carroll

**Reviewer Signature**

06-04-2024

**Date**

Shannon Driver

**Superintendent Signature**