



# FEBRUARY 2025

## INGRAM TOM MOORE HIGH & INGRAM MIDDLE SCHOOLS

\*MENUS SUBJECT TO CHANGE  
\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

### Monday

Chicken Nuggets **3**  
Potatoes/gravy  
Green Beans  
Carrot Slices  
Hot Dinner Roll  
Fruit & Milk

### Tuesday

Sloppy Joe on WG Bun **4**  
Or  
WG Corn Dog  
Wedge Fries  
Baked Beans  
Pickles  
Fruit & Milk

### Wednesday

Bean & Cheese Burrito **5**  
w/Cheese Sauce  
Cornbread  
Pinto Beans  
Fresh Baby Carrots  
Fruit & Milk

### Thursday

Meatball Sub Sandwich **6**  
Crinkle Fries  
Broccoli Florets  
Mixed Vegetables  
Fruit  
Milk

### Friday

Cheeseburger **7**  
Or  
Hamburger  
Tater Tots  
Burger Salad  
Fruit & Milk

Salisbury Steak **10**  
Mashed Potatoes  
Green Beans  
Carrot Slices  
Hot Dinner Roll  
Fruit & Milk

Chicken Spaghetti **11**  
Garlic Bread Stick  
Buttered Corn  
Green Peas  
Fruit & Milk  
Valentine Cake

Frito Pie **12**  
Cornbread  
Pinto Beans  
Fresh Veggie Dippers  
Fruit  
Milk

Mozzarella Cheese Stix **13**  
w/Marinara Sauce  
or WG Corn Dog  
Tater Tots  
Broccoli Florets  
Fruit & Milk

**14**  
SCHOOL  
HOLIDAY

**17**  
SCHOOL  
HOLIDAY

Spicy Chicken Burger **18**  
Seasoned Fries  
Burger Salad  
Baked Beans  
Baby Carrots  
Fruit & Milk

Chicken Fajita Taco **19**  
Spanish Rice  
Refried Beans  
Lettuce & Tomato  
Fruit  
Milk

Steak Fingers **20**  
Potatoes/gravy  
Broccoli Florets  
Green Beans  
Hot Dinner Roll  
Fruit & Milk

Cheeseburger, Hamburger **21**  
Or Chili Hot Dog  
Tater Tots  
Burger Salad  
Fruit  
Milk

Fish **24**  
Or Chicken Strips  
Macaroni & Cheese  
Hot Dinner Roll  
Green Beans  
Carrot Slices  
Fruit & Milk

Spaghetti w/Meat Sauce **25**  
Garlic Bread Stick  
Buttered Corn  
Green Peas  
Chilled Fruit  
Milk

Beefy Nachos **26**  
Cornbread  
Pinto Beans  
Tossed Salad  
Fruit  
Milk

Tangerine Orange Chicken **27**  
Steamed Rice  
Egg Roll  
Broccoli Florets  
Mixed Vegetables  
Fortune Cookie  
Fruit & Milk

Cheeseburger **28**  
Or  
Hamburger  
Tater Tots  
Burger Salad  
Fruit & Milk



Available Daily: Pizza, Chef Salad, Peanut Butter & Jelly Sandwich

Ham & Turkey Sub (Monday, Wednesday and Friday)

Turkey Bacon Wrap (Tuesday& Thursday)

Fresh, Canned, Frozen Fruit (daily), 100% Fruit Juice (Wednesday & Friday), FF Chocolate Milk and 1% White Milk offered daily

