

NOVEMBER 2022

EGJH & TVHS menu

A Variety of condiments offered daily.

Fat free & 1% milk available.

MENU items are subject to change.

This Institution is an Equal Opportunity Employer

Monday

Tuesday

Wednesday

Thursday

Friday

WG Carrot Muffin **1**
Ravioli w/WG breadstick
Carrots
Sun Butter & jelly on WW
Garden Salad

Pop Tart **2**
Hot Dog on a bun
Baked Fries
Sun Butter & jelly on WW
Garden Salad
Domino's Pizza @ EGJH

WG Blueberry Muffin **3**
Cheesy Quesadilla
Tomatoes
Sun Butter & jelly on WW
Garden Salad

Breakfast Taco **4**
Domino's Pizza @ TVHS
Pizza Sticks
Celery Sticks
Sun Butter & jelly on WW
Garden Salad

Benefit Bar **7**
Mini Corn dogs
Carrots
Sun Butter & jelly on WW
Garden Salad

WW Donut Holes **8**
Cheeseburger
Baked Fries
Sun Butter & Jelly on WW
Garden Salad

Breakfast Burrito **9**
Cheese Pizza @ TVHS
Cucumbers
Sun butter & jelly on WW
Garden Salad
Domino's Pizza @ EGJH

WG Chocolate Muffin **10**
Southwest Pork & rice Bowl
Pinto beans
Sun Butter & Jelly on WW
Garden Salad



WG Churro **14**
Chicken Alfredo w/roll
Green Beans
Sun Butter & jelly on WW
Garden Salad

Breakfast Pizza **15**
BBQ Pork on a bun
Corn
Sun Butter & Jelly on WW
Garden Salad

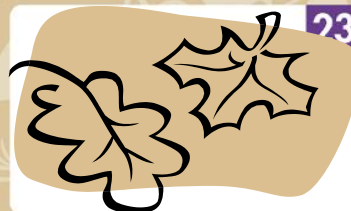
Frudel **16**
NO LUNCH E/R @ all schools
GRADING DAY

Pancake Sausage on a stick **17**
Spicy Chicken Patty
Baked Fires
Pickle Spear
Garden Salad
Sun Butter & jelly WW

WG Waffles **18**
Domino's Pizza @ TVHS
Corn Dogs @ EGJH
Baked Beans
Sun Butter & Jelly on WW
Garden Salad

WG Donut holes **21**
Fish Tacos
Cole Slaw
Garden Salad
Sun Butter & jelly on WW

Bagel & Cream cheese **22**
Turkey Holiday Lunch
Corn
Garden Salad
Sun butter & jelly on WW



Pop Tart **28**
Popcorn Chicken
Tater Tots
Sun Butter & Jelly on WW
Garden Salad

WG Blueberry Muffin **29**
Cheese Quesadilla
Black Beans & corn
Sun Butter & Jelly on WW
Garden Salad

Banana Muffin **30**
Breakfast for LUNCH
Garden Salad
Sun butter & Jelly on WW
Domino's Pizza @ EGJH



Breakfast is served with 4 oz. juice or fruit & milk. Fresh or packaged fruit /veggies are offered daily.

Water is available for purchase at all meals. 100% Fruit juice slushies offered in the snack bar.

For more information please visit our website @ www.tanq.org.

