

OCTOBER 2025

INGRAM ELEMENTARY SCHOOL

*MENUS ARE SUBJECT TO CHANGE

BREAKFAST IN THE CLASSROOM

Monday

Tuesday

Wednesday

Thursday

Friday



CEREAL
WG MUFFIN
FRUIT
JUICE BOX
MILK

6

CEREAL BAR
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

7

PANCAKE ON A STICK
FRUIT
JUICE BOX
MILK

1

YOGURT
CEREAL
FRUIT
JUICE BOX
MILK

2

BANANA BREAD
FRUIT
JUICE BOX
MILK

3

Holiday

13

POPTART
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

14

APPLE FRUDEL
FRUIT
JUICE BOX
MILK

15

YOGURT
CEREAL
FRUIT
JUICE BOX
MILK

16

BANANA BREAD
FRUIT
JUICE BOX
MILK

17

CEREAL
WG MUFFIN
FRUIT
JUICE BOX
MILK

20

CEREAL BAR
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

21

BREAKFAST PIZZA
FRUIT
JUICE BOX
MILK

22

MINI PANCAKES
SAUSAGE
FRUIT
JUICE BOX
MILK

23

BANANA BREAD
FRUIT
JUICE BOX
MILK

24

CEREAL
WG MUFFIN
FRUIT
JUICE BOX
MILK

27

BREAKFAST PASTRY
GRAHAM CRACKERS
FRUIT
JUICE BOX
MILK

28

PANCAKE ON A STICK
FRUIT
JUICE BOX
MILK

29

OMELETS
SAUSAGE
FRUIT
JUICE BOX
MILK

30

**NO
SCHOOL**

31

AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE

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