

HAMBLÉN COUNTY SCHOOLS K-8 MENU, OCTOBER 2022

BREAKFAST: fresh or canned fruit, choices of juice & milk offered daily
LUNCH: fresh or canned fruit, choices of juice, fresh veggies & milk offered daily

MONDAY, 10/03/22	TUESDAY, 10/04/22	WEDNESDAY, 10/05/22	THURSDAY, 10/06/22	FRIDAY, 10/07/22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
(1)Sausage Biscuit	(1)Dutch Waffle	(1)Breakfast Pizza	(1)Pancake Sausage Wrap	(1)Egg Biscuit (Item #497241)
(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
(1)Hamburger/Cheeseburger	(1)Baked Spaghetti	(1)Fried Bologna Sandwich	(1)Pizza	(1)Chicken Patty Sandwich
(2)Hot Dog w/Chili	(2)Popcorn Chicken	(2)Breaded Cheese Sticks	(2)Hot Ham & Cheese Sandwich	(2)Corn Dog Nuggets
Waffle Fries	Garlic Bread	Homemade Tomato Bisque Soup (1/2 Cup)	French Fries	Green Beans
Baked Beans	Fresh Steamed Broccoli	Corn	California Blend	Mac & Cheese
	Sweet Glazed Carrots	Cookie		
*Sandwich Trimmings/Pickle				*Sandwich Trimmings/Pickle
MONDAY, 10/10/22	TUESDAY, 10/11/22	WEDNESDAY, 10/12/22	THURSDAY, 10/13/22	FRIDAY, 10/14/22

FALL BREAK

MONDAY, 10/17/22	TUESDAY, 10/18/22	WEDNESDAY, 10/19/22	THURSDAY, 10/20/22	FRIDAY, 10/21/22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
(1)Sausage Biscuit	(1)Donut	(2)Egg Biscuit (Item #497241)	(1)Pancakes (Pre-Packaged, Any Flavor)	(1)Breakfast Pizza
(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
(1)Orange Chicken	BREAKFAST FOR LUNCH	(1)Chicken Breast Fillet	(1)Pizza	(1)Fish Sticks
(1)Beef Teriyaki	(1)Scrambled Eggs	(2)Hamburger Steak w/Brown Gravy	(2)Chicken Patty Sandwich	(2)Corn Dog Nuggets
Fried Rice	(2)Sausage	Sister Schubert Roll (2 oz)	Smiley/Emoji Fries	Pinto Beans
Fresh Steamed Broccoli	Biscuit/Gravy	Mashed Potatoes	Green Beans	Corn
Egg Roll	Tater Tots	Peas		Hush Puppies
Fortune Cookie			*Sandwich Trimmings/Pickle	
MONDAY, 10/24/22	TUESDAY, 10/25/22	WEDNESDAY, 10/26/22	THURSDAY, 10/27/22	Staff Professional Development Day
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
(1)Sausage Biscuit	(1)Dutch Waffle	(1)Breakfast Pizza	(1)Pancakes (Pre-Packaged, Any Flavor)	
(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	
LUNCH	LUNCH	LUNCH	LUNCH	
(1)Hamburger/Cheeseburger	(1)Cheese Bites	(1)Chicken Breast Fillet	(1)Pizza	
(2)Hot Dog	(2)Quesadilla	(2)Lasagna Roll Up	(2)Hot Roast Beef Sandwich	
Chips	Taco Soup (1/2 Cup)	Garlic Toast	Green Beans	
Baked Beans	Grain Based Dessert	Steamed Broccoli	Sweet Glazed Carrots	
*Sandwich Trimmings/Pickle		California Blend Veggies		

MONDAY, 10/31/22
BREAKFAST
(1)Sausage Biscuit
(2)Cereal Choice
LUNCH
(1)Grilled Cheese Sandwich
(2)Hot Ham & Cheese Sandwich
Homemade Chili (1/2 cup)
French Fries
Halloween Dessert of your choice