

Legal and identity theft support are just two of the many ways your employer helps you manage life's many challenges. Whether you need help finding a lawyer or you've become a victim of identity theft, we're here to listen and connect you with the experts and information you need. And it's all available to you at no cost through your Cigna Employee Assistance Program (EAP).*

Legal support

For support with legal issues, you can receive a referral to a licensed network attorney for a free 30-minute consultation, over the phone or face-to-face.

You can also take advantage of:

- > 25% discount on most legal services
- Extended legal support for other members of your household

Identity theft support

To help recover from identify theft and learn how to better protect yourself in the future, take advantage of a 60-minute consultation with a fraud resolution specialist.

The specialist can help with:

- > Who to notify and how
- Forms or letters to help you report and itemize fraudulent activity

- > How to dispute fraudulent debts
- Obtaining and monitoring your credit report every four months
- Placing a fraud alert or credit freeze
 (if allowed by state law) on your credit file
- > Taking future preventive actions



We're here to listen. Contact us any day, anytime.

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Call 1.877.622.4327or visit myCigna.com.
Employer ID: newmilford
(for initial registration)
TTY/TDD users call 711

Together, all the way.



*Employee assistance program services are in addition to, not instead of, your health plan benefits. These services are separate from your health plan benefits and do not provide reimbursement for financial losses. Customers are required to pay the entire discounted charge for any discounted legal and/or financial services. Legal consultations related to employment matters are excluded. Additional restrictions may apply. Program availability may vary by plan type and location, and are not available where prohibited by law.

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