

Monday

Tuesday

Wednesday

Thursday

Friday



Sausage Biscuit **4**
French Toast Sticks
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Panther Sandwich **5**
Waffles
Fruit & Yogurt Parfait
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **6**
Bagel & Cream Cheese
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Chicken Biscuit **7**
Pancakes
Fruit & Yogurt Parfait
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Breakfast Pizza **1**
Egg & Cheese Burrito
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Breakfast Pizza **8**
Egg & Cheese Burrito
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Sausage Biscuit **11**
French Toast Sticks
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Panther Sandwich **12**
Waffles
Fruit & Yogurt Parfait
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **13**
Bagel & Cream Cheese
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Chicken Biscuit **14**
Pancakes
Fruit & Yogurt Parfait
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Breakfast Pizza **15**
Egg & Cheese Burrito
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Sausage Biscuit **18**
French Toast Sticks
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Panther Sandwich **19**
Waffles
Fruit & Yogurt Parfait
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Sausage Gravy & Biscuit **20**
Bagel & Cream Cheese
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Chicken Biscuit **21**
Pancakes
Fruit & Yogurt Parfait
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

Breakfast Pizza **22**
Egg & Cheese Burrito
Fruit & Yogurt Smoothie
Assorted Muffins, Scones & Cereal Bars w/ Yogurt
Fresh Fruit, Juice & Milk

25
Holiday
No School

26
Holiday
No School

27
Holiday
No School

28
Holiday
No School

29
Holiday
No School

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.

Register and create an account for your child at WWW.K12PaymentCenter.com to add money and view purchases.

“This is an equal opportunity provider.”

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Bacon Ranch Wrap ⁴
PB&J Sandwich
Salad Bar, Baked Potato
Broccoli & **Sweet Potatoes**
Fresh Fruit, Juice & Milk

Beef Nacho Bowls w/ Salsa ⁵
PB&J Sandwich
Salad Bar, Baked Potato
Corn & Beans
Fresh Fruit, Juice & Milk

Cheese Quesadilla ⁶
PB&J Sandwich
Salad Bar, Baked Potato
Carrots & **Southwest
Vegetable Blend**
Fresh Fruit, Juice & Milk

Panther Bacon Cheese Burger ⁷
Lettuce, Tomato, Pickles
PB&J Sandwich
Salad Bar, Baked Potato
Green Beans & Onion Rings
Fresh Fruit, Juice & Milk

Mini Corn Dogs ¹
PB&J Sandwich
Salad Bar, Baked Potato
Baked Beans &
Mashed Potatoes
Fresh Fruit, Juice & Milk

Fresh Baked Cheese Pizza ⁸
PB&J Sandwich
Salad Bar, Baked Potato
Fries & **Tomato Cucumber
Salad** & ***Pumpkin Muffin**
Fresh Fruit, Juice & Milk

Chicken Ramen Bowl ¹¹
PB&J Sandwich
Salad Bar, Baked Potato
Fries & Carrots
Fresh Fruit, Juice & Milk

Buffalo Chicken Sliders ¹²
PB&J Sandwich
Salad Bar, Baked Potato
Broccoli & Potato Wedges
Fresh Fruit, Juice & Milk

Beefy Macaroni & Cheese ¹³
PB&J Sandwich
Salad Bar, Baked Potato
Corn & Carrots
Fresh Fruit, Juice & Milk

Asian Chicken & Rice Bowl ¹⁴
PB&J Sandwich
Salad Bar, Baked Potato
Baked Beans & ***Cabbage Slaw**
Fresh Fruit, Juice & Milk

Chicken Nuggets & Roll w/ ¹⁵
Panther Sauce, PB&J Sandwich
Salad Bar, Baked Potato
Fries & **Tomato
Cucumber Salad**
Fresh Fruit, Juice & Milk

Spaghetti Dinner & Roll ¹⁸
PB&J Sandwich
Salad Bar, Baked Potato
Carrots & **Side Salad**
Fresh Fruit, Juice & Milk

Grilled Cheese Sandwich & ¹⁹
Tomato Soup
PB&J Sandwich
Salad Bar, Baked Potato
***Polenta**, Corn & Peas
Fresh Fruit, Juice & Milk

**Chicken Fajitas w/
Onions & Peppers** ²⁰
PB&J Sandwich
Salad Bar, Baked Potato
Broccoli & Refried Beans
Fresh Fruit, Juice & Milk

Thanksgiving Dinner ²¹
Turkey & Gravy w/ **Stuffing**
Green Beans, **Sweet Potatoes**,
Mashed Potatoes w/ Gravy
Pumpkin Pie
Fresh Fruit, Juice & Milk

Crispy Chicken Sandwich ²²
PB&J Sandwich
Salad Bar, Baked Potato
Fries & **Tomato
Cucumber Salad**
Fresh Fruit, Juice & Milk

²⁵
**Holiday
No School**

²⁶
**Holiday
No School**

²⁷
**Holiday
No School**

²⁸
**Holiday
No School**

²⁹
**Holiday
No School**

**Harvest of the Month is Cabbage – Featured Menu Item – Cabbage Slaw*

**Pumpkins Muffins – Made with Local Pumpkins*

**Native American Heritage Month – Featured Menu Item is Polenta*