

## **Alternate Lunch Options** Offered Daily:

Whole Wheat Bagel or Cereal / Yogurt + String Cheese

Yogurt Parfait w/ Homemade Granola

Chef Salad

Sunbutter w/ Jelly on Whole Wheat Bread

or

Deli Bar

Choices: Ham, Turkey or Combo

American Cheese & Provolone Cheese

Whole Grain Roll, Bread or Wrap

Toppings: Lettuce, Tomato, Pickles, Olives, Mayo & Mustard

## SARAH NOBLE INTERMEDIATE SCHOOL LUNCH MENU NOVEMBER 2024

Monday

Tuesday Wednesday

Thursday

Friday

Pizza Bagel

Tossed Garden

All meals come with fat free or 1% milk and our **Rainbow Fruit & Veggie Tray!** 

**Twisted Cheese** 

**Sticks** 

**Sweet Peas** 

November 25th is National Parfait Dav Try one this month!

**Food Service Dept Is Hiring** Substitutes. Please call 860-354-3712 or apply@ess.com

**Emoji Day** 

Eggoji Waffles **Emoji Potatoes** Sausage Patties Salad

8

15

Stuffed Crust Pizza (Plain or Pepperoni)

Caesar Salad

**VOTE** 

No School

**Early Dismissal** 

**Baked Chicken** 

Patty on Whole

Grain Roll

Roasted Zucchini

Squash

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**Nacho Tuesday** Mini Cheese Ravioli **Tostito Scoops** Seasoned Beef w/Sauce W/Salsa Whole Grain Cheddar Cheese Dinner Roll Refried Beans Greeen Beans

Thanksgiving Feast

Roasted Turkey w/ Gravy Mashed Potato Golden Corn Banana Bread

Baked Chicken

Nuggets

Whole Grain

Dinner Roll

Roasted Squash

Pizzeria Style Pizza

Mixed Spring Salad



29

Personal Pizza

**Tossed Garden** Salad

18

Baked Mozzarella Sticks w/Marinara Sauce

No School

Broccoli Florets

Macaroni + Cheese

Whole Grain Dinner

Roll

Steamed Edamame

19

12

Hamburger or Cheeseburger on Whole Grain Bun Oven Baked Sweet **Potato Fries** 

26

**Breakfast Sandwich** 

Egg + Cheese on Whole Grain Waffles Baked Potato Puffs 100% Fruit Juice

Early Dismissal

**BBQ Rib Beef** 

Patty on Whole

Grain Bun

Tex Mex Bean

Salad

Pizza

Caesar Salad

No School!

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Thanksgiving Holiday

Menu subject to change - This institution is an equal opportunity provider