Breakfast: FREE to ALL Students Lunch: FREE to ALL Students Sterling Community School
Breakfast & Lunch Menu
March 2024

Fresh Fruits, Veggies & Milk served daily!

Adult Lunch: \$5.00

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
1.Salad w/ Chicken & Biscuit 2.Yogurt Fun Lunch 3.Sunbutter & Jelly	2/26 Lasagna Roll-up Garlic Breadstick Cauliflower	2/27 Cheese Burger Baked Beans	2/28 Sausage, Egg, Cheese On WG English Muffin Hash Brown	2/29 Chicken Ramen Roasted Baby Carrots	3/1 Personal cheese Pizza Romaine Salad
1. Sloppy Joe 2.Yogurt Fun Lunch 3.Sunbutter & Jelly	3/4 Cheese Quesadilla w/ Salsa Corn	3/5 Walking Tacos Cornbread Fiesta Black Beans	3/6 EARLY DISMISSAL Spicy OR Plain Chicken Patty Sandwich Sweet Potato Fries	3/7 EARLY DISMISSAL Popcorn Chicken Bowl (chicken,mashed potato, topped with Gravy & cheddar cheese) Broccoli	3/8 Stuffed Crust Cheese Pizza Cucumber Wheels & Ranch Dressing
1.Grilled Cheese 2.Yogurt Fun Lunch 3.Sunbutter & Jelly	3/11 Bosco Sticks w/ Marinara Green Beans	3/12 Cheese Burger Baked Beans	3/13 Brunch For Lunch French Toast Sticks, Sausage, Hash Browns	3/14 Boneless Drummies w/ Buffalo Ranch Celery Sticks & Baby Carrots	3/15 Stuffed Crust Cheese Pizza Romaine Salad
1.Meatball Grinder 2.Yogurt Fun Lunch 3.Sunbutter & Jelly	3/18 Grilled Cheese & Tomato soup Chickpea Salad	3/19 St. Paddy's Shepherd's Pie w/Biscuit Roasted Baby Carrots	PD DAY CLOSED	3/21 Chicken Parm Sandwich Romaine Salad w/Ranch Dressing	3/22 Stuffed Crust Cheese Pizza Cucumber & Tomato Salad w/Italian Dressing
1.Hamburger 2.Yogurt Fun Lunch 3.Sunbutter & Jelly	3/25 Mac n Cheese Garlic Bread Stick Broccoli	3/26 Chili Cheese Dog BBQ Baked Beans	3/27 Brunch For Lunch Cheesy Scrambled Egg, French Toast Sticks Cinnamon Sweet Potato Fries	3/28 Stuffed Crust Cheese Pizza Cucumbers & Ranch Cup	CLOSED 3/29

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Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combating hunger.

ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.

Each breakfast is served with fruit and milk.

2/26	2/27	2/28	2/29	3/1
Strawberry Bagel Bites	Confetti Pancakes	Crumb Cake	Glazed Doughnuts	Choc Chip Muffins
3/4	3/5	3/6	3/7	3/8
Breakfast Pizza	Mini French Toast	Cinnamon Roll	Mini Waffles	Pumpkin Bread
3/11	3/12	3/13	3/14	3/15
Breakfast Bar	Confetti Pancakes	Crumb Cake	Glazed Doughnuts	Choc Chip Muffins
3/18	3/19	3/20	3/21	3/22
Breakfast Pizza	Mini French Toast	CLOSED	Mini Waffles	Pumpkin Bread
3/25	3/26	3/27	3/28	3/29
Breakfast Bar	Confetti Pancakes	Crumb Cake	Glazed Doughnuts	CLOSED

Cereal offered daily.