



OCTOBER

Monday**Tuesday****Wednesday****Thursday****Friday**

1

Taco Salad
Hamburger
Black Beans
Corn
Side Salad
Fruit
Assorted Milk

2

Chicken and Waffles
Corn Dog
Celery Dipper
Baby Carrots
Side Salad
Fruit
Assorted Milk
Syrup

3

Pizza Casserole
PB&J
Broccoli with Cheese Sauce
Corn
Side Salad
Fruit
Assorted Milk

6

Corn Dog
PB&J
French Fries
Baked Beans
Side Salad
Fruit
Assorted Milk

7

Taco Salad
Doritos
Pepperoni Pizza
Corn
Black Beans
Side Salad
Fruit
Assorted Milk

8

Hamburger
Baby Carrots
Broccoli with Cheese Sauce
Side Salad
Fruit
Assorted Milk

9

10

13

French Bread Pizza
BBQ Pork Sandwich
Baked Beans
Potato Wedges, fzn
Side Salad
Fruit
Assorted Milk

14

Chicken Fajita Rice Bowl
Sloppy Joe
Black Beans
Corn
Queso
Lettuce
Side Salad
Fruit
Assorted Milk

15

16

Buffalo Chicken Dip
Tortilla Chips
Hamburger
Baby Carrots
Celery Dipper
Pinto Beans
Side Salad
Fruit
Assorted Milk
Cake w/ Icing

17

Hamburger
Cool Ranch Chips
Doritos
Baby Carrots
Side Salad
Fruit
Assorted Milk

20

Chicken Nuggets
Roll
Chili Dog
Mashed Potatoes
Baked Beans
Side Salad
Fruit
Assorted Milk

21

Pizza Casserole
Italian Breadstick
PB&J
String Cheese
French Fries
Green Beans
Fruit
Side Salad
Assorted Milk

22

Herb Roasted Chicken
Roll
Pepperoni Pizza
Corn on the Cob
Parmesan Roasted Broccoli
Side Salad
Fruit
Assorted Milk

23

Chicken/Chili, Crisпитos
String Cheese
Teriyaki Chicken
Rice
Pinto Beans
Queso
Salsa
Side Salad
Fruit
Assorted Milk

24

Crispy Chicken Sandwich
PB&J
Fresh Veggie Dipper
Cool Ranch Chips
Doritos
Side Salad
Fruit
Assorted Milk

27

Stuffed Crust Pizza
Green Beans
Baked Beans
Side Salad
Fruit
Assorted Milk

28

Chicken and Waffles
Hot Dog
Celery Dipper
Baby Carrots
Side Salad
Fruit
Assorted Milk
Syrup

29

Beef Tacos
Shredded Cheese
Hamburger
Lettuce
Black Beans
Corn
Side Salad
Fruit
Assorted Milk

30

Beefy Vegetable Soup
Roll
PB&J
Green Beans
Corn on the Cob
Side Salad
Fruit
Assorted Milk

31

BBQ Chicken Sandwich
Corn Dog
Sweet Potato Fries
Parmesan Roasted Broccoli
Side Salad
Fruit
Assorted Milk
Chocolate Chip Cookie

A variety of milk is offered at both meals. For lunch, students must choose at least 3 of the items offered, with one item including at least 1/2 cup of fruit or vegetables. Students may select all items if they desire. For breakfast, students must select at least 3 items with one being 1/2 cup fruit or vegetable. Alexander City Schools participates in Community Eligibility Provision and all student meals are at no costs.